

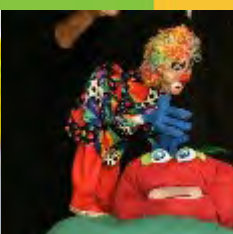


THE FAMILY GUIDE

The **ESSENTIAL** guide for families living in Gauteng

- Fascinating things to do
- Dazzling discoveries
- Magical children's shows
- Green spaces to explore
- Limitless learning ...

Nurturing healthy family relationships, enquiring minds, creativity, a spirit of adventure and a wide-eyed sense of wonder.



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Game Reserves

Rhino and Lion Nature Reserve

Kromdraai Conservancy, Western Gauteng

Tel: (011) 957-0109/0106/0006

Open daily: 08h00 – 17h00 (incoming vehicles may not enter after 16h00)

The predator camps close at 16h00.

Website: www.rhinolion.co.za

The Rhino and Lion Nature Reserve lies in the foothills of the Swartkop Mountains, within the Cradle of Humankind World Heritage Site. Boasting more than 650 head of game, visitors to the reserve may see lions, (including White Lion), Bengal and Siberian Tigers, cheetah, wild dogs, white rhino, buffalo, hippo and crocodiles. Bird lovers may spot the endangered Cape Vulture.

Picnic and braai facilities, as well as a swimming pool, kiosk and restaurant are available for day visitors. The kids' play centre offers five jumping castles, trampolines and a foefie slide where little visitors can release pent-up energy after long hours game spotting. Accommodation includes comfortable self-catering chalets, as well as six new luxury log cabins, complete with Jacuzzi and braai on the veranda. The Croc Pub and Boma Restaurant specialise in private and corporate functions, teambuilding and conference facilities.

A wide range of eco-activities is offered, such as day or night game drives, educational talks and horse riding. The renowned Wonder Cave is situated within the reserve. Estimated to be between five and ten million years old and with the third largest cave chamber in South Africa, it is well worth a visit. For the more adventurous, there is the option of abseiling 18 metres into the cave!

An observatory, located within the reserve, adjacent to the Wonder Cave, hosts stargazing evenings, practical astronomy courses, public talks and lectures, as well as school tours.

Booking is essential. For further information about the observatory, phone 084 227 3144.

The Cradle Game Reserve

Kromdraai Conservancy, Western Gauteng

Tel: (011) 659-1622

Prior booking is essential

Website: www.thecradle.co.za

The 3 000 hectare Cradle Game Reserve is situated within the Cradle of Humankind World Heritage Site. There are numerous species of game, as well as abundant bird life. Game drives and horse safaris can be arranged, as well as special-interest guided trails which focus on the fauna and flora of the region,

palaeontology and game-tracking. Self-catering accommodation is offered for visitors who wish to linger. Trout fishing and mountain-biking trails are also available for visitors to the Forest Camp. If you want to treat your family to a special meal, the restaurant serves superb cuisine, with beautiful views overlooking a waterhole. A children's menu is available. Prior booking is essential.

Aloe Ridge

Cradle of Humankind World Heritage Site, Western Gauteng

Tel: (011) 957-2070

Prior booking is essential

Website: www.aloeridgehotel.com

Aloe Ridge, a charming hotel hideaway in close proximity to both Johannesburg and Pretoria, has much to recommend it and is an ideal destination for stargazers. Book a guided tour of their well-stocked game reserve, hire mountain bikes, go trout fishing or visit the traditional Zulu village, Phumangena u Muzi. For an evening of gastronomy and astronomy, dine with the stars at the Observatory Restaurant, which is equipped with a 16-inch Meade telescope, as well as a 25-inch Newtonian reflector telescope. The resident astronomer conducts live comet and Supernova searches during dinner and is on hand to answer your questions. Sumptuous Sunday breakfasts and brunches are served in a magnificent setting at The Platform Restaurant, overlooking the gorge. Prior booking is recommended.

Heia Safari Ranch

Cradle of Humankind World Heritage Site, Western Gauteng

Tel: (011) 919-5000

Fax: 011 919 5078

Website: www.heia-safari.co.za

Email: heia@netactive.co.za

Only thirty minutes from Johannesburg and Pretoria, this is the ideal family getaway. Set in tranquil indigenous bushveld, Heia Safari offers families a unique African experience that is enhanced by the giraffe, zebra and springbok that roam the grounds.

The 50 thatched bungalows each have a main bedroom and a second separate bedroom for the children. The bathroom offers both bath and shower facilities, while heaters in the bathroom and bedroom help to keep the cold at bay. Parents can relax and enjoy sundowners on their private veranda while watching a spectacular African sunset.

There is plenty to keep the children occupied! The swimming pool doubles as the local water hole for the

resident Zebra herd and the Giraffe family enjoys browsing on the trees close by. Indoor games such as table tennis, chess and a full sized snooker are available.

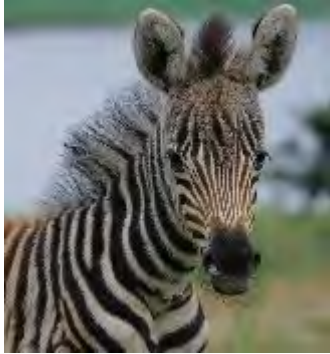
At the main building, families can enjoy their meals on the patio or poolside under thatched umbrellas. An African themed bar, an à la carte restaurant and a kiddies' menu are on offer.

The Mzumba Tribal Dances follow the Sunday buffet braai lunch.

Take the family on a guided drive through the game reserve that is home to 23 game species, including two of the Big Five (Rhino and Buffalo)

The calm water of Lake Heritage offers guests the opportunity to take a relaxing canoe ride or to sit and fish. The Franz Richter Dam Wall is the largest hand built stone dam on the African continent and provides an ideal vantage point from which to watch the various water birds.

Reasonable rates and ongoing specials make this a really affordable family holiday.



De Wildt Cheetah and Wildlife Centre

R513, De Wildt (33 km west of Pretoria / Tshwane)
Tel: (012) 504-1921

Tours are by prior arrangement only. No casual visitors, nor children under the age of 6.

Tuesdays, Wednesdays, Thursdays, Saturdays and Sundays at 08h30 and 13h30

Website: www.dewildt.org.za

The world renowned De Wildt Cheetah and Wildlife Centre provides fascinating insight into the breeding of threatened species, as well as other aspects of conservation. Some of the rare or endangered species successfully bred at De Wildt include the King Cheetah, the Wild Dog, Brown Hyena, Blue Duiker and Suni Antelope, as well as many different species of owls and vultures. Tours last for 3 hours and are conducted by knowledgeable guides. Prior booking is essential.

The Krugersdorp Game Reserve

R24 Rustenburg Road, Krugersdorp West

Tel: (011) 950-9900

Open daily: 08h00 - 18h00

This popular 1 500 hectare reserve is home to 4 of the "Big 5" – lion, leopard, buffalo and white rhino - as well as many other species of game. The reserve also boasts a huge walk-through bird aviary which houses 150

indigenous species. If you do not drive a 4x4, you'll be pleased to learn that roads within the park are tarred. There is a picnic area for day-visitors, as well as a refreshment kiosk. Camp sites, a caravan park and self-catering accommodation are available at the Ngonyama Lion Lodge. Guided hikes and horse riding in the reserve can be arranged on request.

Suikerbosrand Nature Reserve

From the N3, take the Kliprivier off-ramp, Route 550

Tel: (011) 904-3933 / 3930 / 3937

Open daily: 07h00 – 18h00 (incoming vehicles may not enter after 16h00)

Suikerbosrand is a place of solitude and rolling hills, providing a much needed sanctuary between the Vaal Triangle's industrial centre and the Johannesburg CBD. This 13 500 hectare nature reserve, which incorporates the highest point on the Witwatersrand, is situated in close proximity to Heidelberg, south of Johannesburg.

Self-guided, interpretive hiking trails have been marked. There is a short, wheelchair-friendly, paraplegic trail which starts at the Visitors' Centre. The 4 km Cheetah Trail is suitable for youngsters and should take the family approximately 2 hours to complete. For those who would prefer to venture further, the Bokmakierie Trail offers two routes of either 10 km or 17 km.

Overnight huts may be hired if one is doing the longer route. Trails start from the Central Office. If you would rather not risk coming face to face with a member of the resident animal population, you can do a 60 km game drive in your own vehicle.

The reserve's information centre houses a museum and an auditorium where informative wildlife and nature conservation videos are screened.

Rietvlei Nature Reserve

Irene / Rietvlei Dam off-ramp from the R21 highway, Tshwane.

Tel: (012) 345-2274

Angling permits: (012) 345-3917

Open daily: 08h00 -18h00 (incoming vehicles may not enter after 16h00)

Situated on the banks of the Rietvlei Dam, just south of Pretoria/Tshwane, this reserve is home to numerous wildlife species, including white rhino, buffalo, hippo and cheetah. There is a picnic area for day-visitors and a viewing hide has been erected at the dam for bird-watchers. If you want to try something different, book a game-ride on horse-back. In addition to the horse-trails, guided day and/or overnight hikes can also be arranged. Field trips and environmental education programmes may be arranged on request.

Pilanesberg National Park

Adjacent to Sun City, North West Province

Tel: (014) 555-1600

Open daily: 05h30 - 19h00 (summer months)
06h30 - 18h30 (winter months)

Website: www.tourismnorthwest.co.za

Nestling within an ancient volcanic crater, is a 55 000 hectare wildlife sanctuary. Here one can find most creatures associated with the African savannah, including the "Big Five". Since 1979, more than 6 000 head of game have been relocated to the Pilanesberg National Park. The landscape is varied and one will travel through grasslands, thornveld, riverine vegetation and

over rocky koppies. Viewing hides are strategically situated at the water-holes and lakes. There are facilities for day-trippers at Manyane Camp, as well as picnic and braai spots inside the reserve. For those who wish to stay over, superior accommodation is available, as well as tented safari camps, self-catering chalets and campsites.

The S.A. Lion Park

Tel: (011) 691 9905 / 0861 LION 00

Fax: (011) 691 9904

Cellular: 076 187 3883

Open daily: 08h30 - 17h00 (weekdays)
08h30 - 18h00 (Sat, Sun and public holidays - 1 September until 30 April)
08h30 - 17h00 (Sat, Sun and public holidays - 1 May until 31 August)

Website: www.lion-park.com

E-Mail: lionpark@cknet.co.za

A unique opportunity for a close encounter with the majestic lions of South Africa, including the rare white lions, as well as other indigenous game, such as: cheetah; brown, striped and spotted hyena; wild dog and many more. Exciting activities on offer include giraffe feeding, game drives and cub interaction. Facilities include a restaurant with indoor and outdoor seating, a curio shop, a picnic area and kiosk and the Wildside Tented Camp. Open Daily.



At the Elephant Sanctuary, visitors are offered the ultimate in close encounters with these majestic creatures. Various educational programmes are available for the day-visitor. There is also the option of an overnight lodge experience. The morning elephant brush-down programme begins at 07h00, the lunch programme commences at 10h00 and the afternoon programme begins at 14h00. The duration of each session is approximately two and a half hours. Dinner and elephant rides are optional extras. These tours are conducted by experienced guides and safety is a priority.

The Elephant Sanctuary

R27, Hartbeespoort (main Sun City route)

Tel: (012) 258-0423/0332

Open daily

Booking is essential.

Website: www.elephantsanctuary.co.za

Zoos, aquaria, bird & reptile parks

Johannesburg Zoo

Upper Park Drive, Saxonwold / Jan Smuts Avenue,
Parkview, Johannesburg

Tel: (011) 646-2000

Open daily: 08h30 - 17h30

Website: www.jhbzoo.org.za

Discover the wonderful world of wildlife, right here in the bustling city of Johannesburg!

The Jo'burg Zoo is a veritable urban ark, with more than 3 000 mammals, reptiles and birds on display. Environmental education programmes are offered for children of all ages. During the school holidays, fascinating children's programmes are offered. The Zoo also offers a Behind-the-Scenes Tour, a Moonlight / Nocturnal Tour and a Close Encounters Tour. These special visits must be prearranged. Birthday party outings must also be booked in advance.

National Zoological Gardens, Aquarium and Reptile Park

Cnr. Paul Kruger and Boom Streets, Tshwane

Tel: (012) 328-3265

Open daily: 08h00 - 17h00 (winter months)
08h00 - 18h00 (summer months)

Website: www.zoo.ac.za

The National Zoo in Tshwane houses over a hundred different species of mammals. It is renowned for its work with endangered species and various rare animals may be viewed. A cableway transports visitors over the animal enclosures to the top of a ridge and provides an excellent vantage point. Night tours, special birthday party outings, school holiday programmes, educational workshops, as well as guided tours for the blind are offered. Remember to check feeding times at the entrance.

The Pretoria Aquarium and Reptile Park is located next door to the zoo. The collection includes approximately 90 reptile species, including crocodiles and more than 300 species of fish.

Montecasino Bird Gardens

Montecasino Boulevard (off William Nicol Drive),
Fourways, Johannesburg

Tel: (011) 511-1864

Open daily: 08h30 - 17h00 (winter)
08h30 - 18h00 (summer)

"Flights of Fantasy" show:

Weekdays: 11h00 and 15h00

Weekends & public holidays: 11h00, 13h00 and 15h00

Website: www.montecasino/birdgardens.co.za

The magnificent Montecasino Bird Gardens are located between the main casino complex and the hotel. Huge walk-through aviaries and enclosures are set in beautifully landscaped surroundings, which feature an impressive display of cycads. While birds are the prime attraction here, there is also an excellent collection of reptiles and small mammals.

Do not miss "Flights of Fantasy", an awe-inspiring and most educational free-flight bird extravaganza, showcasing completely unrestrained birds. Visitors to the Bird Gardens do not have to pay an additional fee to watch this show, which is presented in the Amphitheatre, so make sure that you see it! Special interactive, guided group tours can also be arranged, but must be booked in advance.

Animal World - Emerald Casino Resort

Sign-posted from Emerald Casino Resort, 777 Frikkie Meyer Boulevard, Vanderbijlpark

Tel: (016) (016) 982-8257

Open daily: 09h00 - 16h30 (exit gates close at 17h30)

Website: www.emeraldcasino.co.za

Visitors to the marvellous Animal World can take a leisurely stroll through the zoo or explore the park in a safari vehicle, accompanied by a knowledgeable guide. Emerald's magnificent game reserve is managed by the National Zoological Gardens of South Africa and is home to approximately 500 different animals. Animal World has various primate islands, a walk-through aviary, rhino and red forest buffalo camps, waterfowl and hippo dams, as well as habitats for reptiles, predators and nocturnal beasts.

A tour of Animal World should incorporate a visit to the Resort's Aquadome and Kidzone. Please refer to the Indoor Fun chapter, for further information.

Croc City Crocodile Farm

Johannesburg North

Open daily: 09h00 - 16h30

Tel: 083 321 1016 / 083 657 7561

Fax: 086 672 6719

E-mail: info@croccity.co.za

Website: www.croccity.co.za

Come and see some of the biggest crocodiles in South Africa! You are given the opportunity to HOLD a croc hatchling, pythons as well as other fascinating reptiles.

The tea garden offers delicious refreshments and in



the curio shop you will find a wide variety of souvenirs and vacuum packed crocodile meat.

Croc feeding sessions on take place on weekends at 14:00. Croc City is open 7 days a week from 9.00 - 16.30

Predator World

North West Province (5km from Sun City)

Tel: 076 817 6869

E-mail: info@predatorworld.co.za.

Predator World is a zoo situated merely 5km from Sun City and the Pilanesberg National Park. All tours are conducted by professional and knowledgeable guides who are able to provide visitors with fascinating information about their resident wildlife population which includes: White Lions, Leopards, Cheetahs, Jackals, African Wild Dogs, as well as Meerkats, reptiles and various other animal species.

Predator World offers different animal interaction programmes. Don't miss the feeding times which take place on Mondays at 11:00, Thursdays at 16:00 and Saturdays at 14:00. Game drives and walking safaris can also be arranged on request.

Predator World also enjoys a reputation for making the best burgers in the North West Province. If you want to have an unforgettable birthday party, Predator World is the place to be.



For more information, please contact San-Mare at 076 817 6869 / info@predatorworld.co.za.

Lory Park Animal and Owl Sanctuary

180/1 Kruger Road, President Park, Midrand

Tel: (011) 315-7307

Fax: (011) 312-2364

Cell: 083 697 0584

E-mail: curator@loryparkzoo.co.za

Website: www.loryparkzoo.co.za

Open: Tuesday - Sunday from 10h00 till 16h30.

Open to school groups from Monday to Friday, by appointment.

Lory Park has a fine collection of endangered, exotic and indigenous birds. There is a lovely tea garden, presided over by several free-range parrots (guard those scones ...), as well as a kiddies' play area. Educational programmes are presented to school groups on weekdays, by prior appointment. If you would like to support the sanctuary by adopting one of its furry or feathered residents, contact the curator regarding the adoption and sponsorship programmes.



Bird sanctuaries

Treehaven Waterfowl Trust

Tel: (016) 423-6740 / 082 900 0656

Open Thursday – Sundays from 9h00 until 17h00, or by appointment.

Situated 3km from Vereeniging and only a 45 minute drive from Sandton, Johannesburg, Treehaven Waterfowl Trust is an oasis set in beautiful gardens against a backdrop of cascading water. It comprises 30 acres of specially developed wetlands dedicated to the world's waterfowl. Visitors will be able to view all 16 species of South African ducks, 116 species of exotic ducks, geese and swans, as well as more than 65 species of wild water birds that visit TWT regularly. Treehaven is renowned for its work with the endangered South African crane species. These extraordinary birds form part of the captive breeding programme, which aims to conserve and increase the numbers of rapidly dwindling species so that they can be released into the wild. Refreshments are served in the coffee shop from Thursday to Sunday.

Beaulieu Bird Sanctuary

Percheron Avenue, Beaulieu, Midrand

Daily: dawn till dusk

The Kyalami/Beaulieu Bridle Belt isn't merely a haven for horses – but for birds too. Abundant bird life can be admired in and around the Beaulieu Bird Sanctuary. Thatched viewing hides are positioned around the large dam, which is a breeding ground for a wide variety of species, notably herons, cormorants and sacred ibises. The sanctuary is located just behind the Kyalami Golf Course, in a secure, 'boomed-off', rural environment. It is always well-maintained and is a lovely venue for a stroll, particularly at dusk, when the skies are filled with birdsong. From Main Road, Bryanston - Kyalami (R55), enter the suburb of Beaulieu via Hawthorne Road and pass through the security boom. Turn right into Percheron Road and then immediately left into the parking area of the sanctuary. Admission is free of charge.

Farmyards, Tea Gardens & Party Places

Irene Estate Dairy Farm

Nellmapius Drive, Irene, Centurion
Tel: (012) 667-1000
Daily: 08h00 – 18h00

Nestled between Johannesburg and Pretoria you'll find a little bit of the Western Cape. Enter the oasis of Irene through a tunnel of trees and you will see fine herds of sleek Frieslands grazing beneath giant oaks. The Irene Estate Dairy Farm celebrated its centennial in 1995 and has been beautifully preserved. The farm will enchant your children. The milking parlour is open from 15h00 and visitors are able to watch the cows being milked at close quarters. It isn't unusual for springtime visitors to see newborn calves. Milk and other delicious produce may be purchased from the farm shop, or sample fresh farm goodies in the charming tea garden, which is situated near the calves' enclosure.

Bunny Park

Pretoria Road, Rynfield, Benoni
Daily: 08h00 – 17h00

Benoni's very own Watership Downs is home to burrowfuls of bunnies in all shapes and sizes. There is also a bird aviary, as well as ponies, donkeys, goats, sheep and ducks. If you're a bunny-hugger, this is the place for you! The park has a playground and is a pleasant place in which to picnic or braai, so pack your basket and those carrots. Admission is free of charge.

Garden World

Beyers Naude Drive, Muldersdrift
Tel: (011) 957-2046
Open daily from 08h00 till 17h00

Admire Garden World's magnificent gardens or treat yourself to something deliciously decadent from their kitchen. Find out about the children's 'edutainment' programmes which include a talk on gardening, learning about animals and birds, as well as a sing-along tractor ride.

Lifestyle Family Garden Centre

Cnr. Beyers Naude Drive and Ysterhout Street, Randpark Ridge
Tel: (011) 792-5616 / 792-0460 (Hoots & Toots)
Open daily from 08h00 till 17h00

Lifestyle has a super kiddies' play park. A coffee shop and restaurant are situated adjacent to the children's

entertainment zone. Gardening courses for little ones are held on a regular basis.

Kidsworld

Garden Shop, Cnr. William Nicol Drive and Montecasino Blvd, Fourways
Tel: (011) 465-9176
Open: Daily from 09h00 till 17h00

This is a wonderfully peaceful place in which to while away the hours. You can enjoy a delicious light meal in the tea garden or shop for plants, while the kids amuse themselves in the farmyard or on the giant climbing frames. It is a super venue for children's parties.

Drake's Party Farmyard

Corner Reid and Beacon Avenues, Linbro Park
Tel: (011) 608-2703

This is a lovely venue for a children's party, with loads of fun to be had in the farmyard.

Open days are held every Monday and Wednesday from 09h00 till 17h00, when visitors may picnic in the grounds of the farm and enjoy the facilities for a nominal entrance fee. Birthday parties and school outings must be booked in advance.

Jungle Tots Farmyard

Macgillivray Road, Glenferness.
Tel: (011) 465-9158 / 083 377 7571
Open to the public on Mondays, Wednesday and Fridays from 13h00 till 17h00.
Parties on Tuesdays, Thursdays, Saturdays and Sundays by arrangement.

Old Mac Donald brought to life ... This super party venue in the Kyalami area, offers farmyard animals to feed, pony rides, as well as a children's playground. It is ideal for nursery school outings, Moms and Tots groups and birthday parties. Booking is essential.

River Café

Sandton Field and Study Centre, Corner of Louise Avenue and 14th Street, Parkmore
Tel: (011) 783-2442
Open daily except on Mondays
Website: www.rivercafesandton.co.za

Located in large enclosed grounds in the beautiful Sandton Field and Study Centre, River Café offers alfresco dining in a relaxed and secure out-door setting - a tranquil and un-rushed environment in which to enjoy time out with friends and family.

Fabulous breakfasts are served on the lawns or undercover on the deck. Lunches range from interesting and creative salads, to pastas, gourmet burgers, meze platters, wraps and so much more.



For the kids, there are jungle gyms to climb, trees to explore, swings and slides, jumping castle, water slide (in summer), and a

fun kiddies' menu. A giant sandpit with umbrellas brings a little of the beach to Sandton.

At River Café, the focus is always on warm and friendly service, good food, and creating a memorable experience.

Bring the kids, their bikes, kites and cricket sets and enjoy a day out in the country, in the heart of Sandton.

Nde Bushe Family Restaurant

Romney Road, (off Cedar Road), Fourways

Tel: (011) 460-1470 / 083 442 6908

Open: Wed to Sat from 12h00 till late and on Sun from 12h00 until 18h00.

This family-friendly restaurant, set in a bushveld estate, is child-centred and has a wonderful menu for young gourmets, including "make your own pizza". There is a play area with age appropriate jungle gyms, swings, Tarzan ropes and a trampoline. In the evenings, tired little diners can flop down in the TV room. Parents can take their children for walks in the estate, where wild buck may be spotted. It provides a special backdrop for a birthday party.

Safari Garden Centre

Lynnwood Drive, The Willows, Pretoria

Tel: (012) 807-0009

Open: Monday – Saturday from 08h00 till 17h30 and on Sundays from 09h00 till 17h30.

There's more to Safari Garden Centre than a wonderful selection of plants. Facilities include a kiddies' farmyard and playground, as well as a tea garden where light meals are served.

Abingdon Yard

Kyalami, Midrand

Tel: 082 900 4078

Hours: Tuesday open day: 14h00 – 17h00

Parties by arrangement

Website: www.abingdonyard.co.za

Abingdon Yard is a tranquil country venue for children's parties and excursions. It is situated in a secure garden setting with a large covered area, ample shade and a covered play area for rainy weather.

Outdoor play equipment and an animal touch farm provide plenty of entertainment. Catering can be arranged or visitors may bring their own refreshments. Theme decorating, splash slide, jumping castle, pony rides, face painting, "scalelectric track" and a show of Abingdon's weird and wonderful pets are some of the options on offer. Tuesday afternoon open days from 14h00 – 17h00.



Hedgehog Lane Fairground

Garden Shop, 278 Main Road, Bryanston, Johannesburg

Tel: (011) 463 8692

Open 7 days a week from 09h00 till 17h00

Website: www.hedgehoglane.co.za.

This superb kids' venue is a sought-after party destination. There is a carnival atmosphere with a mini Fairground & Play Centre, featuring a miniature Ferris Wheel, Merry-Go-Round, Mechanical Swings and the tiny Hedgehog Express Train. Children can burrow in the Giant



Pirate Ship Sandpit, navigate through the Maze, test their motoring prowess and scoot around the Black Bike track (complete with traffic signs), or jump-off some energy on the trampolines.

- Entrance fees -

R15 per day for Children under 3 years

R18 per day for Children 3 years and over

(The entrance fee includes unlimited rides on all equipment (including train). Adults are FREE!)

Hedgehog Lane Party Place

Garden Shop, 278 Main Road, Bryanston, Johannesburg

Tel: (011) 463 8692

Open 7 days a week from 09h00 till 17h00

Website: www.hedgehoglane.co.za.

Hedgehog Lane has been voted the best children's outdoor party venue in Johannesburg since 2005.

Hedgehog Lane has three party venues, The Duck Pond, The Secret Garden and The Wishing Well. Each venue has direct



access to the Hedgehog Lane Fairground.

There are two party options:

OPTION 1: "Build your Own"

OPTION 2: "For the Busy Parent"

For more details please visit our website at www.hedgehoglane.co.za.

Bryanston Organic Market

Culross Road, Bryanston, Johannesburg

Tel: (011) 706-3671

Market times: Thursday and Saturday, 09h00 - 15h00

The renowned Bryanston Organic Market is synonymous with quality craftsmanship and excellent wholesome produce. It is a wonderful destination for the whole family. Children's craft workshops, such as candle-making, are frequently offered and one has the opportunity to speak to the crafters personally about the products that they sell at the market. Every market day, live music is played and special events are hosted throughout the year. The ethos of the market community is to do all that they can to support the world around us and to leave a better place in which our children can thrive.

Earth Kids Play-Patch

18 Jupiter Avenue, Crowthorne, Midrand

Tel (011) 468-2431

Website: www.earthkids.co.za

Earthkids is a beautiful safe Play Park in Kyalami where children can run and have fun. Earthkids offers wonderful jungle gyms, trampolines, a bike track, a soccer field and so much more... You can hire the venue for children's birthday parties or come for tea on open days (Tues – Fri from 1:30-17:00. The cost is R30pp.). Aftercare facilities are available during the week from 1pm-5pm. If you are looking for a school, then you may want to consider enrolling your child at Earthkids Pre-Primary, which caters for little ones from 2 to five years of age / Grade 00. Please visit their web site on www.earthkids.co.za for more information.



Imagine The Venue & Imagine Children's Parties

Chartwell West / Farmall (near Fourways Mall)

Tel: 082 928 7474

Fax: 086 567 2611

E-mail: imagine@mailnet.co.za

Website: imaginechildrensparties.co.za

Set in the beautiful county side of Chartwell West (Farmall), a 10 minute drive from 4-Ways Mall, Imagine The Venue, boasts a spectacular view, as well as a comfortable, spacious, indoor lapa, overlooking a large green garden which abounds with playground equipment.

Brand new entertainment includes off-road remote control monster truck racing. Experience the exhilaration of these super fast cars speeding around an off-road track!

This popular venue made be booked for children's parties and family functions. Half and full day sessions are available.

Imagine it and the Imagine staff will do it! They are happy to assist with all your party requirements. Elaborate or simple, they will organize catering, décor, cakes, themed tables, entertainment, and more.



JEEKS Party Place

Senderwood, Johannesburg

Tel: 082 928 8081

Fax: 086 670 5143

E-mail: fcherub@mweb.co.za

JEEKS is a stunning venue for all ages. It is situated next door to Saheti School in Senderwood and has a lapa, where cutlery, crockery, tea, coffee, urn, tables (with table cloths), chairs and party requisites are set out. Other tables and chairs are dotted around the venue and there are also braai facilities.

JEEKS boasts a skateboard ramp, climbing equipment and a road on which one can cycle, rollerblade or ride scooters. There is also a trampoline, swings, a "gold mine", a water slide (in summer), foofie slides and a jumping castle (in winter).

In addition, JEEKS hosts Survivor, Bootcamp, Fear Factor, craft, Pop Idols, treasure hunt and disco parties. Overnight camp-outs can also be arranged.



Spaanyard Kids' Party Venue

West Rand

Tel: 082 869 2385

Fax: (011) 794-2787

E-mail: spaanyard@mweb.co.za

Spaanyard, situated in a secure farm environment on the West Rand, offers a unique and enjoyable day out. Spaanyard provides five acres of fun! Activities include a 1909 Mini Live Steam Train, farm tractor and trailer rides, horse rides, swing carousel rides, a touch and feed animal farm, jumping castle, water slide and much more.

The optional activities are very affordable. Watch your kids and their friends have the time of their lives, while you sit back and enjoy a free cup of tea or coffee. Spaanyard staff will take care of the rest. Call now to secure your booking or for more information.



Hillbilly's Party Place

34A Second Road, Linbro Park

Johannesburg

E-mail: matt.hillbillys@gmail.com

Emergencies: 083 309 5249

Party Times: 9am - 12pm or 2 - 5pm

Open Days: Wed, Thurs & Fri [9am - 4pm]

or weekends (Subject to the availability of staff)

Admission fee: R20 pp

This popular party venue in Linbro Park offers excellent security, plenty of parking and loads of space for youngsters to let off steam. Hillbilly's provides the following attractions: a petting zoo with bunnies; pony rides; jungle gyms; a sandpit; a foefie-slide; mini soccer; trampolines and swings.

The cost per party includes the use of all facilities. Jumping Castle(s) and other entertainment such as face painters, puppet shows and clowns, can be arranged on request. An additional charge would be levied for these optional services.

The venue can cater for 40 kids & 40 adults. (Recommended limit). If notified in advance, provision could be made for larger groups.

The venue has Open Days on Wed, Thurs & Fri from 9am until 4pm or on weekends (subject to the



availability of staff, so best to contact them before a visit).

Yeesh!

Unit G6, Woodmead Commercial Park, Waterfall Crescent, Woodmead, Sandton

Cell: 083 923 2306

Email: yeesh@mweb.co.za.

Website: www.yeesh.co.za.

Yeesh - Fun for kids! This is a fantastic, secure indoor venue for ages 1–12. Toddlers can romp in the luxurious play area with soft matting, ball ponds and obstacles, while ages 4 and over can enjoy a giant two-story soft play climbing maze and obstacle course, that was designed by a child psychologist, with input from international designs.

The Paint Pot encourages children to paint pottery and/or T-shirts or to try their hand at beadwork. Children can play, while adults relax at the coffee bar, secure in the knowledge that their youngsters are being supervised by attentive Yeesh staff members.



The entrance fee is R35 per hour.

Yeesh also hosts great parties that are guaranteed to provide loads of fun for all.

Real Trees Adventure Farm

Tel: (011) 702 1223 / 083 675 7979 / 082 491 6678

E-mail: realtreesadventurefarm@gmail.com

Real Trees Adventure Farm is situated on a beautiful horse farm with groves of trees, a river and a dam. Here nature rules. Explore the farm and experience the freedom of the wide open spaces.

The party and picnic venue is ADULT friendly. You can settle down, relax and tell your children to go and play.

PARTY VENUE—ADVENTURE

Climb real trees! Awesome obstacle course!

Foefie slide!

CAMPS

Regular weekend and school holiday camps where children get to plan their own adventure. These camps are firm favorites with the kids as they are designed to promote personal growth and development.

RIDING LESSONS

Daily rides on our amazing, cute and child friendly ponies.

We offer lessons for children of 3 years of age and older.



Special Forces Kids' Parties

Jukskei Park, Johannesburg North

Tel: 011 704-1701 / 082-922-1611

E-mail: specialforces@mweb.co.za

Website: www.sforces.isonline.co.za

This awesome venue in a country setting offers innovative kids' parties. Themes include: Survivor, Army, Fear Factor, WWE (Wrestling challenges on the jumping castle and in the mud pit...), to name but a few. Kids' Paintball is also on offer.

Catering can be arranged and custom-made cakes for the special occasion can be ordered.

The school holidays adventure camps are exceptionally popular, so book well in advance to avoid disappointment.



Indoor fun

Aquadome and Kidzone – Emerald Casino Resort

777 Frikkie Meyer Boulevard, Vanderbijlpark
Tel: (016) 982- 8175 / (016) 982-8000
Open daily: 09h00 till late
Website: www.emeraldcasino.co.za

An easy 45-minute drive from Johannesburg on either the R59 or N1 gets you to the magnificent Emerald Casino Resort. Nestled on the banks of the Vaal River, Emerald Casino Resort offers unlimited fun for the whole family, world-class accommodation and top-notch facilities for corporate conferencing.

Summer never ends at the climate-controlled Aquadome, a huge, 3 000 square metre water wonderland set in a tropical jungle. Splash away in the large, heated pool, drift down the gentle river ride, or play hide and seek amongst the grotto, water slides and rope bridges. Lifeguards are on duty at all times and there is a shallow pool for little ones.

Kidzone promises hours of entertainment, with the latest in adrenaline-rush PC, arcade and video games to put hand-eye coordination to the test. Alternatively, challenge a friend or two to a game of tenpin bowling, or try to sink a few putts on the Adventure Golf course. For the real junior extreme sports fan, see how fast you can scale the ultra-challenging Climbing Wall.

Emerald Casino has so much for kids of all ages to do and is a great birthday party venue.

A visit to the resort should include a tour of Animal World. Please refer to Chapter 1 for further information about this venue.

Yeesh!

Unit G6, Woodmead Commercial Park, Waterfall Crescent, Woodmead, Sandton
Cell: 083 923 2306
Email: yeesh@mweb.co.za.
Website: www.yeesh.co.za.

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secure in the knowledge that their youngsters are being supervised by attentive Yeesh staff members.

The entrance fee is R35 per hour. Yeesh also hosts great parties that are guaranteed to provide loads of fun for all.



Ice-skating rinks

Whether you're a pro or still a trifle wobbly on those skates, these super rinks offer hours of fun and exercise. They have proven to be great birthday party venues. Figure skating, ice-hockey and speed skating are offered too. If you are a frequent visitor, enquire about the Regular Skater Discount Card and if you are inviting along some friends or arranging a party, ask about their group rates.

Northgate Ice Arena

North Gate Shopping Centre, North Riding
Tel: (011) 794-8706
Open daily: session times on request.

The Festival Mall Ice Arena

Festival Mall, corner of C.R. Swart Drive and Calvin Road, Kempton Park.
Tel: (011) 394-6702
Open daily: session times on request.

Kolonnade Ice Arena

46 Kollonade Shopping Centre, Zambezi Drive, Montana Park, Pretoria.
Tel: (012) 548-2450
Open daily: session times on request.

Laser Battle Zone

Lower level, Bright Water Commons, Republic Road, Ferndale, Randburg

Tel: (011) (011) 789-3036
Open daily from 11h30 till 21h00 on weekdays and from 09h30 till 24h00 on weekends.
Email: laserzone@telkomsa.net

Designed to resemble an abandoned warehouse, Battle Zone provides you with a perfect excuse to play a futuristic game of cops and robbers, plot an ambush or creep around in dark passageways armed with a laser gun. Due to the popularity of this pastime, booking is advisable over weekends. It is also in demand as a party venue.

Ten-Pin Bowling

Centres are open daily from morning till past bedtime.

Let's Go Bowling, Bright Water Commons
Tel: (011) 886-2116
Let's Go Bowling, Cresta Centre
Tel: (011) 678-0173
Galaxy World, The Zone, Rosebank
Tel: (011) 447-9141
Galaxy World, Menlyn Park Centre, Tshwane
Tel: (012) 368-1290

Action Cricket/Soccer

All-weather indoor arenas are located across the length and breadth of 702land. Action Cricket / Soccer birthday parties are still a big hit with boys and girls of all ages.

Action Cricket / Soccer Benoni: (011) 421- 7444
Action Cricket/Soccer/ Netball Sandton: (011) 444-6176
Action Cricket / Soccer Springs: (011) 362-1179

Indoor Go-Karting

Randburg Raceway

272 Samantha Street, Strijdom Park, Randburg
Tel: (011) 792-2260
Open Monday – Saturday from 11h00 till 20h30 and on Sundays from 11h00 till 18h00.
Website: www.randburgraceway.co.za

Come experience the adrenaline-pumping thrill of Indoor Karting at Randburg Raceway. Race in specially designed imported racing karts fitted with slick racing tyres, 160 cc Honda engines and safety equipment.



Electronic timing systems give race results and fastest lap times. The generous width of the track facilitates competitive racing with easy

overtaking. Brightly painted tyres are used as safety barriers around the track. Huge windows and doors ensure plenty of light and ventilation throughout the premises. Excellent facilities ensure that clients return again and again.

Smaller go-carts are available for young drivers, making this a great indoor venue for little Schumachers to burn some rubber. It is always a popular birthday party venue.

Le Mans Indoor Go-Karting

Menlyn Shopping Centre, Parking 6 U (undercover)
corner of Atterbury and Lois Avenues
Menlyn, Pretoria, Tshwane
Tel: 079 880 1916 | 072 877 3764
E-mail: isagofun@gmail.com
Website: www.lemanskarting.co.za

Le Mans Indoor Go-karting will have its grand opening on the 20th of June 2009! Come and join the fun at Menlyn Shopping Centre, Parking 6 U (undercover) corner of Atterbury and Lois Avenue, Menlyn.

Go-karting is great for teambuilding, birthday parties, corporate events and school holiday outings too. Refreshments are available.



The Ski Deck

74 Bond Street, (Cnr. Elgin Rd), Ferndale, Randburg
Tel: (011) 781-6528 / 083 264 5145
Office hours: Weekdays, 09h00 to 17h00
Saturdays: 09h00 to 13h00
Parties: anytime
Website: www.ski.co.za

Enjoy all the fun of bumboarding, skiing or snowboarding down the 20m long slope at the famous SKI DECK in Ferndale. It is always a popular party venue which provides affordable fun for kids between the ages of 3 and 12 years of age.



Ski Deck parties are always a hit with children of all ages. It is advisable to book well in advance to avoid disappointment. Tables and facilities are available for catering purposes. Please call or consult the website for further information.

Tiffendell Extreme Zone

Shop 10 Forest Road, Design and Décor Centre,
Fourways

Tel: 0861 787 909

Hours: Lessons - Mon to Sun by appointment

Parties – Mon to Fri or weekends by arrangement

Weekends: 10h00 to 15h00 (general public)

Website: www.snow.co.za

Learn to snow-ski with qualified Tiffendell instructors. The 50 metre indoor ski slope is the ideal place to perfect your moves before you undertake a skiing holiday. It is also a fabulous all-weather venue for children's parties. Bring the kids bumboarding, or celebrate a birthday, amidst falling flakes and snowmen. If your youngster enjoys his polar experience, find out about the Kids' Ski Club.

Theatres and shows

Johannesburg Youth Orchestra

Wits University Department of Education Campus
27 St Andrews Rd, Johannesburg
Tel: (011) 484-1257
Fax: (011) 484-1535
E-mail: muschool@global.co.za
Website: www.orchestracompany.co.za

The Johannesburg Youth Orchestra was formed in 1978. It is a full symphonic orchestra, catering for high school students playing stringed, wind and percussion instruments. The Johannesburg Youth Orchestra is well known throughout the city and even further afield. It maintains a consistently high standard and with every new year, an increasing number of young musicians from affiliated musical organisations achieve membership.

Music is an instrument of social change and The Johannesburg Youth Orchestra Company identifies and trains youth to play orchestral instruments both individually and in a series of graded ensembles and orchestra.

Discovering commonalities in the arts forms the basis on which divided societies can come together as people. Music is an ideal way of fostering cross-cultural communication and understanding because it encourages co-operation, compromise and sensitivity through learning how to working together. Musical experiences build self-esteem and motivate young people to succeed through both process and goal-orientated learning, that is creative and fun. These life-skills are crucial for young people's social and professional development.



People's Theatre at the Johannesburg Civic Theatre

Joburg Theatre, Cnr. Hoofd and Loveday Streets,
Braamfontein, Johannesburg
Bookings: (011) 403-2340 / 403-1563 or through
Computicket
Website: www.peoplestheatre.co.za

Peoples Theatre is celebrating 20 years of providing world class quality fun-filled and educational Theatre to countless families in Gauteng. Situated in the Joburg Theatre, (formerly the Johannesburg Civic Theatre) this purposely created Children's Theatre is South Africa's flagship Theatre for young people.

Staging over eight shows per year, children are inspired, enchanted, educated, entertained and challenged by the power of Theatre. A storybook comes to life on stage through elaborate sets, costumes, good sound, lighting, participation and professional actors.

Directors Jill Girard and Keith Smith endeavour to source the finest plays world wide and are excited by the line up for 2009. The productions include JACK AND THE BEANSTALK, NODDY, PETER RABBIT and THE LITTLE MERMAID. Peoples Theatre creates memories for the whole family, enriching lives by the magic of professional Theatre and thereby creating our audiences of the future.



The National Children's Theatre

3 Junction Avenue, Parktown, Johannesburg
Tel: (011) 484-1584
Website: www.jyt.co.za

A full line-up of delightful children's productions will be staged this year. Special concessions are available for school groups and arrangements can be made for shows to be performed at schools too.

The National Children's Theatre also runs workshops where aspirant performers are instructed in all aspects of stagecraft, drama, song and dance.

For details of forthcoming shows, please refer to our School Holiday Guide and consult the National Children's Website on www.jyt.co.za.



The Old Mutual Theatre on the Square

Nelson Mandela Square, Rivonia Road, Sandton
Tel: (011) 883-8606

Square One Youth Theatre Workshops offer creative tuition in all fields of the performing arts. The curriculum includes acting, singing, movement, mime, puppetry, voice production, theatre arts, make-up, improvisation, masks, public speaking and television. Classes are held on Saturday mornings during the school term. For further information, please call Daphne Kuhn.

The S.A. State Theatre

State Theatre Complex, 320 Pretorius Street,
Pretoria/Tshwane
Tel: (012) 392-4000

'Behind the Scenes Tours' offer a glimpse into the world of the Performing Arts. Information about these tours, as well as the line-up of forthcoming shows may be obtained from the Theatre.

The Ballet Bugs Theatre Company

Tel: 082 337 7478
Bookings may also be made through Computicket.
E-mail: kariena@artandballetbugs.co.za
Website: www.artandballetbugs.co.za

We are very excited to announce our forthcoming production of THE HAPPY PRINCE by Oscar Wilde. Our production will be held at the Wits Theatre from the 23rd of June to the 4th of July 2009 and for the first time, at the Arena Theatre at the State Theatre Pretoria, from the 7th to the 12th of July 2009.

The BALLETT BUGS THEATRE COMPANY was formed in 2001 to give children from all cultural backgrounds an opportunity to experience a live theatrical production. Our past productions include CINDERELLA (2001), SNOW WHITE AND THE 7 ELVES (2002), BEAUTY & THE WILDBEEST (2004), THE SELFISH GIANT (2008) and THE XMAS ELVES AND THE SHOEMAKER (2008).

We currently have approximately 70 members in our company, ranging from 7 to 18 years old. We've also included two adults for some of the character roles. Please refer to the School Holiday Guide and consult our website for further information.



Imax Theatre

Menlyn Park Shopping Centre, Pretoria/Tshwane
Tel: (012) 368-1186

Discover the Imax experience – larger-than-life entertainment on a giant 5-storey high screen! Watch the press or contact the Imax Theatre for details of their current programming.

The Johannesburg Planetarium

University of the Witwatersrand, Yale Road, Milner Park
Tel: (011) 717-1392
Open for school groups by arrangement
Shows are on Thursday evenings at 19h00, on Friday evenings at 20h00 on Saturdays at 10h30 (for kiddies) and at 20h00.

If you're a star-gazer, then a visit to the planetarium is a must! In addition to their regular programmes, the delightful "Space Travel" show, especially adapted for primary and pre-primary children, is performed on Saturday mornings at 10h30 or by prior arrangement. It is great fun for the children with lots of audience participation!

"Get to Know the Sky" – a show for the 9 -12 year old age-group – takes place once a month on a Saturday at 18h00. A torch must be brought along for this show. Contact the Planetarium for information about forthcoming shows.

The South African Ballet Theatre (SABT)

The Joburg Theatre, Braamfontein Johannesburg

Tel: (011) 877 6898

Website: www.saballettheatre.co.za.

Established in 2001 after the closure of The State Theatre City Ballet in 2000, The South African Ballet Theatre (SABT) has forged a central niche in SA dance using imaginative funding and a vibrant artistic vision. The South African Ballet Theatre is a non-profit, Section 21 Company.

With 35 full-time contracted dancers and a total staff complement of 62, The SABT is the country's largest professional ballet company and has established itself as a major player in the performing arts with impressive productions of classical ballets, new works by local choreographers and collaborators across international boundaries. International guest artists such as Guillaume Côté, Maina Gielgud and Margaret Ilman have worked and performed with the professional Company. In addition to the professional company, and under the auspices of The SABT, the following programmes are managed:

- Four major professional productions per year of international standard by SABT as well as annual local and international tours. The SABT receives regular invitations to perform at local and international arts festivals such as Arts Alive (Johannesburg) and The National Arts Festival (Grahamstown).
- Six Outreach Programmes in Mamelodi, Alexandra, Soweto, Eesterus, Katlehong and Sophiatown.
- Extra-curricular Ballet Academy for High School students
- Graduate (apprenticeship) Programme

The SABT is one of the few arts organisations in the country able to offer staff and dancers full-time contracts. This makes for a homogenous feel in the Company's four annual productions on the Opera stage at The SA State Theatre, Pretoria as well as on The Mandela stage at The Joburg Theatre (formerly The Johannesburg Civic Theatre).

The SABT Academy was established in order to give promising young dancers the opportunity to supplement their training with private teachers. The SA Ballet Theatre Academy dancers work in groups in order to prepare them for the corps de ballet work which they would do should they enter professional ballet company. The dancers range from age thirteen to sixteen and take regular classes with a highly skilled pool of teachers under the directorship of Jenny Barlow. At the annual Val Whyte Bursary Gala, groups from the SA Ballet Theatre Academy perform works specifically choreographed for them by guest choreographers. SA Ballet Theatre Academy dancers are also often called on to swell the ranks of The SA Ballet Theatre's corps de ballet during the Company's seasons. The SA Ballet Theatre Academy aims to contribute to the development

of future generations of South African Ballet Theatre dancers and the Academy management works closely with the Company management to further their mutual interests.

The SABT Outreach Programme teaches over 300 dancers afternoon ballet class. *Rena le Lona* (We are with you) was started in 2006 in Soweto to work with children affected by the HIV virus. Learners age from five to sixteen learn movement, body, spatial and language skills through their regular ballet training. The SABT aims to select talented learners for further training at one of the two SABT School and eventually, the Academy and Company. The learners are encouraged to develop a new South African dance identity incorporating the ballet technique and their own movement vocabulary. Learners receive free transport to and from classes and rehearsal. The dancers from the Outreach programmes regularly participate in the professional Company's major productions. The year culminates in the annual year end concert at the SA State Theatre where learners perform for teachers, parents, friends and members of the media.

The SABT is based at The Joburg Theatre, Braamfontein Johannesburg. The Company's two state-of-the-art studios and offices overlook the busy CBD. For further information, please contact (011) 877 6898 or visit www.saballettheatre.co.za.



Museums & Exploratoria

TECHNO-LAB (University of Johannesburg)

University of Johannesburg, B2 Lab 222, Kingsway Campus, Cnr Kingsway and University Roads Auckland Park, Johannesburg
Tel: (011) 559-3480
E-mail: estellem@uj.ac.za



The TechnoLab at the University of Johannesburg offers workshops in Technology for children of all ages, covering a wide range of fascinating subjects. TechnoLab's goal is to promote technology awareness and literacy amongst school learners and teachers. Their outstanding programmes stimulate innovation, enhance creativity and demonstrate technological principles in a hands-on way.

TechnoLab also presents superb holiday club programmes for children from age 6 to 18, during the school holidays. Book early to avoid disappointment.

SCI-ENZA Science Centre (University of Pretoria)

Technical Services Building, University of Pretoria (Access from Prospect Street Gate)
Tel: (012) 420-2865
Open: Monday to Friday from 08h00 to 16h00.
Prior booking is essential.
www.sci-enza.up.ac.za
E-mail: sci-enza@up.ac.za

Sci-Enza is a fascinating hands-on scientific playground where people of all ages may explore the wonders of science and technology. The centre also includes a TRAC lab which uses computer technology and specifically developed syllabus material to bring the school curriculum alive.

Sci-Enza has expanded to include the Botanical Gardens,

the Geological Museum and disciplines such as Botany, Zoology, Entomology and Engineering. The centre

boasts a huge variety of apparatus and working models with which children may experiment at leisure. Live animals, insects, as well as a water garden with plants are some of the exciting new additions to the centre.

The highlight of a visit to Sci-Enza is without doubt, the Camera Obscura. This is a special darkroom in which the wonders of optical images are illustrated. On a sunny day, one can see an all-round, ever changing panorama of Pretoria, (with an outside chance of catching a glimpse of our President admiring his gardens). Demonstration lectures covering topics such as sound, light and electricity, may be arranged by appointment. Prior booking is essential.

Sci-Bono

Cnr. Miriam Makeba and President Streets, Newtown, Johannesburg
Tel: (011) 639-8400 /639-8491
Hours: 09h00 – 17h00
Email: Cynthia.sithole@sci-bono.co.za
Website: www.sci-bono.co.za

The Sci-Bono Discovery centre is the largest science centre in South Africa. Located in Newtown, Sci-Bono has an exciting collection of interactive science exhibits to educate, entertain, intrigue and amaze. Sci-Bono is designed to increase young people's interest in both modern science and technology. Move balls with your thoughts, play with lasers, have fun with magnets and explore hundreds of hands-on exhibits. It's a great way to get kids playing and thinking at the same time!

The BHP Billiton Career Centre at Sci-Bono is open Mondays to Fridays (soon 7 days per week), from 09h00 to 17h00. Birthday parties and functions can be booked during the week or on the weekend. Entry is R20 for adults and R 10 for children. The group rate is R5 per child. For further information, please call (011) 639-8491.

Origins Centre

Wits University, 1 Yale Road, Braamfontein, Johannesburg
Tel: (011) 717-1000
Open: Monday – Saturday from 09h00 till 17h00
Group bookings are necessary
Website: www.origins.org.za

The Origins Centre is a veritable journey of discovery through time to our roots. Cutting-edge technology recreates our fascinating past using touch-screens, hologram, films and commentaries by renowned archaeologists. Exhibits include San, Khoe and Bantu

rock art, with a life-size rock art replica and early African Lithic tools. Self-guided visits (an audio guide player is included), as well as guided group tours and interactive educational workshops are offered.

The Adler Museum of Medicine

University of the Witwatersrand's Medical School Campus, 7 York Road, Parktown, Johannesburg.

Tel: (011) 717-2081

Open Monday to Friday from 09.00 to 16:00.

E-mail adler.museum@wits.ac.za

The Museum contains collections depicting the history of medicine, dentistry and pharmacy through the ages. There are hundreds of items of medical historical interest on display. The Museum has a reference library and an archive arranged by subject matter, as well as biographical information relating to medical and allied health professionals, focused on South Africa.

There are reconstructions of an African herb shop, a patient consulting a *sangoma* (traditional healer), and a 20th century Johannesburg pharmacy, a dental surgery, a doctor's consulting room, an optometry display and a hospital operating theatre of the same period. A history of scientific medicine is augmented with displays of several alternative healing systems including traditional South African medicine.



Temporary exhibitions are regularly held and include the history of Malaria, Tuberculosis and Cardiology and Nine Lives: stories of people living with HIV/AIDS.

Specialised tours are offered to school learners which include worksheets.

Open Monday to Friday from 09.00 to 16:00. Tel: 011 717 2081, email adler.museum@wits.ac.za

Constitution Hill Children's Room

Constitution Hill, Braamfontein, Johannesburg

Tel: (011) 381-3110

Open daily from 09h00 till 17h00.

Ages: 3 – 12 years old

www.constitutionhill.org.za

The Constitution Hill Children's Room provides an excellent service to youngsters in our community. Children are educated about their rights and

responsibilities in an interactive and entertaining way. Various programmes and workshops are presented, such as puppet making. A visit to Nelson Mandela's cell is included in the programme.

Transvaal Museum

. Cnr Paul Kruger and Visagie Streets, Pretoria/Tshwane

Tel: (012) 322-7632

Open daily from 08h00 till 16h00

The massive skeletons of a dinosaur and whale guard the entrance to this museum. An impressive collection of exhibits will fascinate both youngsters and their parents. There are archaeological displays featuring fine examples of fossils and exhibits focusing on prehistoric man, as well as other beasts. The Geological Survey Museum is adjacent to the Natural History Museum. It is a veritable treasure trove of precious and semiprecious stones.

MuseuMAfrika

121 Bree Street, Newtown, Johannesburg

Tel: (011) 833-5624

Open: Tuesday to Sunday from 09h00 till 17h00

Exhibits trace the cultural history and evolution of Johannesburg, and include San rock paintings, a gold mining exhibit and displays depicting major socio-political events in the history of the region. MuseuMAfrika also houses the Bensusan Photographic Museum, the Geological Museum and the Museum of South African Rock Art.

Museum of Military History

22 Erlswold Way, Saxonwold, Johannesburg

Tel: (011) 646-5513

Open daily from 09h00 till 16h30

www.militarymuseum.co.za

This interesting museum is adjacent to the Johannesburg Zoo. It houses, amongst other things, a collection of old weapons and aircraft. Groups are welcome, but are requested to book in advance. Guided tours may be arranged.

Santarama Miniland

Rosettenville Road, La Rochelle

Tel: (011) 435-0543

Open: Wed - Fri from 09h00 to 16h00 and Weekends from 08h30 – 17h30

Miniature models of historical sites and places of interest in South Africa have been constructed in Miniland. Visitors can climb aboard a replica of Jan van Riebeeck's "Dromedaris" which is anchored in Wemmer Pan. A miniature train operates on a daily basis and carries young passengers through Miniland. Ferry trips are also offered.

James Hall Museum of Transport

Pioneer Park, Rosettenville Road, La Rochelle
Tel: (011) 435-9718 / 9485
Open: Tues – Sun from 09h00 till 16h30
Website: www.jhmt.org.za

This museum boasts an impressive collection of different modes of transport that have evolved through the ages and is well worth a visit. Guided tours by arrangement.

Apartheid Museum

Northern Parkway and Gold Reef Road, Ormonde
Tel: (011) 309-4700
Open: Tuesday – Sunday from 10h00 -17h00
Website: www.apartheidmuseum.org.za

A visit to the Apartheid Museum is likely to be a cathartic experience. Exhibits bear testimony to our country's apartheid history and reveal human interest stories, as well as political events of that era - a profoundly disturbing, yet ultimately uplifting journey through 20th Century South Africa.

Sammy Marks Museum

Old Bronkhorstspuit Road, 18km from the Pretoria/Tshwane City Centre
Tel: (012) 802-1150
Open: Tuesday – Sunday from 10h00 till 16h00.

The "Sammy Marks Mouse Tour" of the late magnate's Victorian mansion is a great innovation for pre-school groups. Young children will learn that a museum is anything but boring, as their special guide introduces them to the Museum's exquisite collection of porcelain, glass, silverware and antique furniture. These "Mouse" tours are only conducted by prior arrangement. Visitors can re-capture the spirit of Old England with a cuppa tea and a game of croquet in the garden of this stately home. The Museum is closed on Mondays (except public holidays) and it is advisable to book in advance for the guided tour.

Melrose House

275 Jacob Mare Street, Pretoria/Tshwane
Tel: (012) 322-2805
Open: Tuesday to Sunday from 10h00 till 17h00
Closed on Mondays

The Peace Treaty of Vereeniging which signalled the end of the Anglo-Boer War, was signed at Melrose House in 1902. Today, visitors to this stately Victorian museum can rekindle the spirit of a by-gone age. Exhibitions, fairs and workshops are held on a regular basis. Guided tours may be arranged.

Jan Smuts House

Irene, Centurion
Tel: (012) 667-1176
Open daily from 09h30 till 16h30

The restored home of the late General Smuts is open to the public daily. It is situated on the farm Doornkloof, in the pretty village of Irene. There is a tea garden on the premises and if you're in the mood for a stroll, a short walking trail winds to the top of the koppie. The Irene Craft Market takes place on the second and last Saturday of the month.

Voortrekker Monument

Eupees Road, Skanskop, Pretoria / Tshwane
Tel: (012) 323-0682
Open daily from 08h00 till 17h00
Closed on Good Friday and Christmas Day

This monument depicts scenes from the Great Trek, showing the typical lifestyle of the Voortrekkers and maps of their migration routes.

Willem Prinsloo Agricultural Museum

Pretoria / Tshwane
Tel: (012) 736-2035
Open daily from 08h00 till 16h00

Guided tours of the restored 1913 Prinsloo farmstead, as well as demonstrations, may be arranged. Rides in a horse cart are offered and picnic facilities are available. For directions and information about the museum programmes, please call the curator.

Pioneer Museum

Watermeyer Street, Silverton, Pretoria/Tshwane
Tel: (012) 803-6086/7
Open: Monday to Friday from 08h00 till 16h00 and weekends from 09h00 till 16h00.

This historic Voortrekker farm dates back to 1848. School programmes cover topics such as bread baking, candle making, farm animals, transportation and plants. Guided tours of the museum and demonstrations are offered, but it is advisable to book in advance. Picnic and braai facilities are available.

Educational Tours

Olivedale Clinic Children's Hospital Tours

President Fouche Drive, Olivedale
Tel: (011) 777-2000
Tours: Mondays and Wednesdays
Age-group: 4 – 6 years
Prior booking is essential

Don a surgical mask and white coat and do the rounds of the Olivedale Clinic wards. This is a superb concept which enables children to play 'doctor doctor' for a couple of hours, whilst exploring the workings of a hospital. Sometimes they are even permitted to peep inside one of the ambulances. Besides being an educational tour, the motivation for offering this service is to make little ones more at ease with the hospital environment, in the event that they or their loved ones need to be admitted for treatment in the future.

O.R. Tambo International Airport Tours

O.R. Tambo International Airport, Kempton Park
Tel: (011) 921-6326 / 921-6911
Prior booking is essential

Johannesburg's O.R. Tambo International Airport offers three fascinating group tours for scholars. Children between the ages of 6 and 11 are shown the Fire and Rescue Centre and are taken on a tour of the Aircraft Viewing Deck. Children, 12 years of age and older, may actually board an SAA plane and explore the cockpit, as well as go on a tour of the Viewing Deck. Grade 12 students are treated to a 'behind-the-scenes' tour. They are taught about the technical aspects of flying and they are allowed to visit restricted areas of the airport. Advance booking is essential.

SABC Tours

SABC, Radio Park Block, Henley Road, Auckland Park
Tel: (011) 714-3744
Prior booking is essential

Tours of the radio and television studios are conducted regularly. Visitors are informed about the history of broadcasting in South Africa and will see production teams at work. The duration of the tour is 2 hours. (Children under the age of 9 are not permitted).

The Star Newspaper Tours

47 Sauer Street, Johannesburg
Tel: (011) 633-9111
Prior booking is essential

Behind the scenes tours of the Star Newspaper offices are conducted free of charge. The tours provide fascinating insight into the world of journalism and the

print media. School groups are welcome but groups must consist of a minimum of 10 pupils, with no more than 50 per group. Individuals are also welcome and will be accommodated on one of the tours if possible. Prior booking is essential.

Van Gaalen Cheese Farm Tours

R560, Skeerpoort
Tel: (012) 207-1289 / 083 226 7834
Open daily from 08h00 till 15h45
Closed on Tuesdays

Visit an authentic Dutch cheese Farm in the Skeerpoort Valley. Guided tours reveal how cheese is made in accordance with old Dutch traditions. School groups are most welcome. There is a fine cheese restaurant where visitors may sample the delectable wares of Van Gaalen. Picnic hampers may also be ordered. Booking is essential for the tours, the cheese-making courses, as well as for meals.

Fire Station Tours

Most fire stations offer school programmes and are happy to show groups around. You may even get to slide down the fireman's pole! Contact your local fire station for more information about their educational visits.

Environmental Education and Cultural Centres

Delta Environmental Centre

Delta Park, Road Number 3, (off Rustenburg Rd),
Victory Park
Tel: (011) 888-4831

The Delta Environmental Centre offers informative environmental education courses on a regular basis for school groups. Excellent programmes for children are offered during both government and independent school holidays. The Delta Environmental Centre houses a museum which is open to members of the public during the week. Orienteering packs are also available from the Centre. The orienteering cross country course covers approximately 3km of interesting terrain. There is also a natural history course that requires children to search for clues in their surroundings and to find answers to environmental questions. A "sensory" nature trail is located adjacent to the parking area. This project is an innovation for disabled people, as well as children. It is great to see instruction boards written in Braille too. Pack a picnic when visiting the park as no refreshments are available.

Bushtrail Environmental Centre

Magaliesburg, North West Province
Tel: (014) 577-1566 / 082 923 2739
Office hours: 08h00 – 17h00
Website: www.bushtrails.co.za

Bushtrail is an Environmental Field Centre of 80 hectares, situated in the foothills of the Magaliesberg Mountains and 12 kilometers from Magaliesburg Village. We can accommodate 120 children on bunk beds and there are 2 ablution facilities with hot and cold running water and flush toilets.

The child friendly meals are prepared by our staff. We offer general nature awareness for Grade 1 – Grade 12 from ecology to orienteering. We also assist with team building or leadership camps - the obstacle course is a great leveler!



During the government school holidays, we run 8 day camps for children in the age bracket of 7 – 15. These

camps prove to be a fun-filled holidays and the friends made here become buddies for life!

Let the kids expend their energy in a beautiful, natural environment. There is also a self catering cottage for those of you who need to feel the wind in your hair and hear bird song in your ears, while relaxing on the wooden deck, come to Bushtrail and ENJOY!

Lesedi Cultural Village

R512, Broederstroom.
Tel: (012) 205-1394
Open daily from 07h30 till 19h30

This unique Cultural Village is only 45 minutes drive from Johannesburg. Visitors will be entertained by tribal dancers and can sample traditional food. Two programmes are performed daily. The morning session commences at 11h30 and includes lunch. The afternoon programme begins at 16h30 and includes dinner. If you want to transform your visit into a real experience, comfortable accommodation is available in traditional tribal dwellings. School groups are also most welcome. Booking is essential.

Arts & Craft Workshops

The Studio @ Hedgehog Lane

Garden Shop, 278 Main Road, Bryanston, Johannesburg
Tel: (011) 463 8692
Open 7 days a week from 09h00 till 17h00
Website: www.hedgehoglane.co.za.

Join the staff at The Studio @ Hedgehog Lane for an hour or two where budding creative talent is nurtured. Let your child choose an activity from their "Crafts Palette". There is a studio fee of R35.00, in addition to the price of the craft item that one chooses. Prices of crafts start from R30.

Activities include: Ceramic Painting, Fabric Painting, and a variety of other fun crafts. The finished item can be taken home when you go.



Children can also access the Fairground at Hedgehog Lane.

The holiday programmes and a calendar of holiday events can be downloaded from their website at www.hedgehoglane.co.za.

Color Café

Shop 14, Hyde Square, Corner North Rd and Jan Smuts Ave, Dunkeld West.
Tel: (011) 341-0734

E-mail: samanthas@vodamail.co.za
Website: www.colorcafe.co.za

Ceramic painting at The Color Café is a wonderfully therapeutic pastime for people of all ages and abilities.



In this soothing environment, creativity is nurtured and even the creatively-challenged are able to produce unique objects of beauty. Your finished item is glazed and fired in the studio kilns and will be ready

for collection a week later.

Color Café parties are always a great success and staff will customize a package to suit both your needs and your pocket.

Polka Dot Art Studio

Hours: Mon-Fri from 11h00 – 16h30 and Sat from 11h00 till 16h00
Tel: (011) 447-9892
Fax: (011) 447 9892
E-mail: info@polkadotartstudio.co.za

Polka Dot Art Studio gives children of every age the tools to set their imagination free. Spending time at

Polka Dot Art Studio allows them to interact with their peers and develop social skills, while being creative and expressing themselves artistically.

Polka Dot Art Studio's art and crafts are not only fun, but educational as well. The following skills are developed during the time your child spends here: fine motor skills; hand-eye co-ordination; concentration; sequencing; visual perceptual skills; language; imagination; creativity; motor planning; body image and awareness; spatial orientation and crossing of the mid-line.

Polka Dot Art Studio offers different art & craft activities which allow children to create in a safe space free from judgment. Activities include: fabric painting, ceramic painting, canvas painting, beading, stamping, decorating dolls, painting and card making.



CREATIVE TIME OUT !
Join us at Shop 14 Hyde Square Shopping Centre, Corner North Road & Jan Smuts Ave. 011 341 0734

COLOR CAFE
THE YOUR THERAPIST
www.colorcafe.co.za

WHAT IS IT? We are a ceramic studio where you can paint ceramics like mugs, teapots and bowls, while enjoying a coffee and conversation.
WHY TRY IT? Personalise your gifts. It's an ideal creative outlet for the whole family to have fun & to give a gift handmade with love.
WHAT HAPPENS? Bring along your friends, husbands, kidofes or come on your own. When you arrive, you choose an item to paint. Qualified staff members will help you design and create your master piece. Once completed, items are fired and glazed in our studio kilns and you can collect them the following week.
DETAILS: Color Café has a studio in Johannesburg located at the Hyde Square Shopping Centre in Hyde Park.

Contact us on the following number :
Hyde Square : (011) 341 0734
COFFEE DRINKED ARE THE IDEAS YOU PURCHASE FROM THEM, YOU CHOOSE.

Gone fishing ...

Brookwood Estate Trout Farm

Kromdraai Road, Kromdraai Conservancy, Western Gauteng

Tel: (011) 957-0126 / 082 856 2448

Open daily from 06h00 till 18h00

A river runs through it ... Brookwood Estate has 800 metres of crystal-clear river frontage, as well as four dams that teem with fish - one of which stocks trophy trout. Catch and release is not permitted. There are braai facilities and camping is permitted.

Footloose Trout Farm

Plot 101, Diepsloot, (signposted from the R511)

Tel: (011) 466-9911 / 083 462-2779 / 083 228-0735 /

083 330-8204

Hours: 07h30 till 17h00.

E-mail kim@kendals.co.za

Website: www.footloosetroutfarm.co.za

Footloose Trout Farm lies just 10km from Fourways on the William Nicol Road (R511). The farm offers 13 dams for Trout, Carp, Barbel and Bass fishing. There is also a tuckshop, a restaurant, an outside lapa bar and a conference facility.

The swimming pool and kids' playground provide an alternative to fishing for the children, while adults can relax in front of the Big Screen and watch sports events.

You can arrive empty handed, as Footloose sells bait and hires all fishing equipment. Lunch and teas may be enjoyed in the restaurant or out at the dams. To round off what is always a great day out in the country, your fish are gutted and vacuum packed for you to take home.

Kids' parties do book up quickly, so make sure to book well in advance for fishing adventures. Adult functions are also catered for. The friendly Footloose staff will gladly discuss your requirements to ensure that your visit is special.



The World around us

(Botanical Gardens, nature reserves, parks and farms)

The Walter Sisulu National Botanical Garden

Malcolm Road, Poortview, Roodepoort
Tel: (011) 958-1750 / (011) 958- 2381 (restaurant)
Open daily from 08h00 till 17h00
Website: www.nbi.ac.za

This is one of the most beautiful areas in Gauteng and is an ideal venue for little nature explorers. Here, they have 225 hectares in which they can embark on exciting expeditions. There are bridges to cross, a network of hillside paths that wind to the top of the Witpoortjie Waterfall, a variety of different types of terrain and vegetation, and of course they can try to spot the majestic black eagles and their eyries on the rock face. During winter months, picnic concerts are held on alternate Sundays. Environmental programmes and 'edu-trails' are also offered. Teas and meals are served at the restaurant. If you haven't visited the Gardens yet, you don't know what you're missing!

Brenthurst Gardens

Houghton, Johannesburg
Tel : (011) 646-4122 / 646-1529
FAX: (011) 646-1529
The garden is open by appointment.
Tours may be arranged through the Garden Office
E-mail: thegarden@brenthurstgardens.co.za
Website: brenthurstgardens.co.za

The garden at Brenthurst Estate is rated as one of the finest in South Africa and can certainly be placed among the great gardens of the world. Its history goes back to the turn of the last century, when the elegant gabled house, now known as Brenthurst, was built for Drummond Chaplin by Sir Herbert Baker. The dramatic Cape Dutch gables are delicately balanced against a Gauteng kopje, and the house is now set amid a range of formal, informal and wild gardens. The garden was redesigned by the doyenne of South African landscape architects, Joane Pim, who was commissioned by Harry and Bridget Oppenheimer to redesign the garden in 1959.

The natural style of gardening is inspired by the wild and the garden is planted as a balanced eco-system where nature becomes the gardening partner, rather than an opponent. The garden is now a haven for wildlife with a steady increase in the diversity of life which calls Brenthurst home. This includes creatures such as mongooses, small rodents, frogs, reptiles, birds including raptors and many insects; also exotics such as vulturine guinea fowl and peacocks which have

discovered the beautiful garden where they are welcomed along with exotic plants and other indigenous and endemics.



The garden at Brenthurst has many different aspects with individual gardens - the Scented Bell Garden, the Labyrinth, the Highveld Grass Garden, the Renoir Terrace, the Shade Terrace, the Butterfly Garden and the Vegetable Garden - which have been expertly blended into a harmonious whole. Tours of the Gardens must be booked in advance. Please consult the website for further information.

Johannesburg Botanical Garden, Emmarentia Dam

Jan van Riebeeck Park, Emmarentia (Access from Olifant and Louw Geldenhuys Roads)
Open daily from sunrise to sunset
Tel: (011) 712-6600
Website: www.jhbcityparks.com

Canoeing, rowing, wind-surfing and fishing may be enjoyed here. Emmarentia has also become a popular kite-flying venue on blustery days. Lovely walks may be enjoyed around the dam and in the Botanical Gardens. The rose gardens are spectacular in summer. Remember to be vigilant in secluded areas. If you haven't packed a picnic basket, there is a tea room which serves light meals.

Pretoria National Botanical Garden

2 Cussonia Drive, Brummeria, Pretoria/Tshwane
Tel: (012) 804-3200
Open daily from 08h00 till 16h30

77 hectares of magnificent gardens, boasting approximately 20 000 plants, provide a wonderful setting in which to commune with nature. The Dassie

Trail commences at the waterfall, (adjacent to the tea garden) and covers approximately 3km.

Melville Koppies Nature Reserve

Judith Road,(opposite Marks Park), Emmarentia, Johannesburg

Tel: (011) 712-6600 / (011) 888-4831

Open to the public on the first and third Sunday afternoons of the month between 15h00 and 18h00 and on the second Sunday morning of the month between 08h30 and 11h30.

Website: www.jhbcityparks.com

This nature reserve is a fine example of urban conservation and is open to the general public on certain Sundays or to groups on weekdays by prior arrangement. Nature trails have been marked and volunteer guides are on hand to assist visitors. Specialists in various fields present informative lectures on a monthly basis and lead nature trails through the reserve. The Koppies are also of great historical interest. Archaeologists have unearthed 2 kilns dating back 500 years

and tools dating back approximately 250 000 years.

Groenkloof Nature Reserve

Access is through the Fountains Valley Resort, Cnr. Eufeefes and Christina de Wit Roads, Pretoria/Tshwane

Tel: (012) 440-8316

Groenkloof Nature Reserve is situated just a few kilometres south of central Pretoria, on the banks of the Apies River. Game has been re-introduced to the area and hiking and mountain biking trails have been laid. Permits to Groenkloof may be purchased at the Fountains Valley entrance. Picnic and braai facilities are available.

Kgaswane Mountain Reserve

Helen Joseph Road, Rustenburg, North West Province

Tel: (014) 533-2050 / (014) 533-0808

Open daily between 06h00 and 18h00

This beautiful reserve offers splendid mountain vistas and may be explored by vehicle or on foot. The 2 km Vlei Ramble will take hikers to a viewing hide where one can observe the resident game and abundant bird-life. The Peglariae Interpretative trail covers 5 km of spectacular terrain and usually takes approximately 2 hours to complete. These trails are self-guided and guide booklets are available from the Visitors' Centre. The popular Overnight Hiking Trail covers 21km. For those who wish to camp, sites are provided.

Mountain Sanctuary Park

North West Province

Tel: (014) 534-0114 / 082 371 6146

Open daily from 08h00

Mountain Sanctuary Park is a beautiful reserve near Rustenburg, situated on the northern slopes of the Magaliesberg Mountains. It is known for its crystal clear mountain streams and rock pools, majestic kloofs and artistic rock formations. It is an ideal place for hikers, mountaineers and bird watchers. Self-catering chalets may be hired and camping / caravan facilities are available.

Zoo Lake

Access from Jan Smuts Drive and Lower Park Drive, Parkview, Johannesburg

Tel: (011) 712-6600

Website: www.jhbcityparks.com

Take the children rowing, go for a stroll or feed the ducks and geese. A tea garden and refreshment kiosk are available. This expanse of parkland has a good children's playground and there is oodles of space for ball-games and pastimes such as kite-flying. Remember to take along their bikes and roller blades too.

Mofolo and Thokoza Park

Soweto, Gauteng

Tel: (011) 712-6600

Website: www.jhbcityparks.com

This green lung in Johannesburg's south-west is a popular spot for family gatherings, impromptu games of football and picnics.

Delta Park

Road Number 3, (off Rustenburg Road), Victory Park, Johannesburg

Tel: (011) 888-4831

Website: www.jhbcityparks.com

Delta Park is a vast expanse of parkland and is a great place to walk your dog or have a picnic. For the more energetic, there is a 3 km orienteering course, (topographical maps can be purchased from the Environmental Centre), or one can hike along the Braamfontein Spruit to either the Sandton Field and Study Centre or to Emmarentia.

Tangaroa Strawberry Farm

Broederstroom / Hartbeespoort, North West Province

Tel: (012) 207-1116

Website: www.tangaroa.co.za

Head for the hills of Hekpoort and harvest a punnet or two of fresh strawberries at this charming destination. The strawberry-picking season usually kicks off in mid-September and winds down towards the middle of December. Call before you visit to check on the status of the crop. Tea, scones and light lunches are served.

The World Beneath Our Feet

Maropeng

Cradle of Humankind World Heritage Site, Western Gauteng

Tel: (014) 577-9000

Hours: 09h00 till 17h00 (Last boat ride at 16h00)

E-mail: info@maropeng.co.za

Website: www.maropeng.co.za

Fascinating discoveries for the whole family can be unearthed at much acclaimed, Maropeng in the Cradle of Humankind, which is definitely a 'must see', on your things-to-do list.

The visitor centre at Maropeng showcases the Cradle of Humankind World Heritage Site and the unprecedented quantity of hominid fossils discovered in this area. A boat ride takes visitors through the life-giving elements of water, ice, earth and fire and thereafter interactive displays provide an understanding of the unique characteristics of modern humankind and impart a multitude of intriguing facts about the human population. The visitor centre is open daily from 9am to 5pm, and the last boat ride departs at 4pm.



Sterkfontein Caves

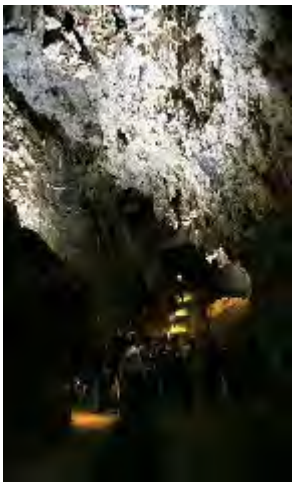
Stegman Nature Reserve, Western Gauteng (access from the R563)

Tel: (014) 577-9000

Open daily from 09h00 till 17h00

E-mail: info@maropeng.co.za

Website: www.maropeng.co.za



The Sterkfontein Caves in the Cradle of Humankind World Heritage Site is one of the richest and most productive paleo-anthropological hominid fossil sites in the world, having yielded some of the most valuable and oldest evidence of the origins of humankind ever found. The caves are open daily from 9am to 5pm. Guided tours are available and the last tour departs at 4pm. Booking is advisable as visitor numbers are limited.

Wonder Cave

Kromdraai, Conservancy, Western Gauteng

Tel: (011) 957-0349

Open daily from 08h00 till 16h00 during the week and from 08h00 till 17h00 over weekends.

Situated in the Cradle of Humankind World Heritage Site, adjacent to the Rhino and Lion Nature Reserve, this incredible 13-storey high cavern is estimated to be approximately 2.2 billion years old and certainly lives up to its name. The descent into this underworld is by elevator - or for the more adventurous, there's the option of abseiling! Stalactites and stalagmites adorn the massive chamber which measures 125m x 50m. Tours are conducted on the hour by well informed guides. Large groups and schools are most welcome, but are requested to book in advance.

Wild Cave Adventures

Cradle of Humankind, Western Gauteng

Tel: (011) 956-6197

Booking essential

Abseil into pitch darkness, squeeze yourself through impossible orifices, slither along twisting tunnels with only a torch or headlamp to light your way ... Sound like fun? Wild Cave Adventures facilitates many different types of caving experiences, ranging from 2 to 6 hour guided netherworld tours, which entail abseils of 17 to 30 metres. Not suitable for children under the age of 8. School groups are welcome.

Gold Reef City Theme Park

Shaft 14, Northern Parkway, Gold Reef City, Ormonde, Johannesburg

Tel: (011) 248-6800

Open: Tuesday – Sunday from 09h30 -17h00

Closed on Mondays and Christmas Day (unless the Monday is a Gauteng school holiday or public holiday.)

Website: www.goldreefcity.co.za

Gold Reef City Theme Park is Jozi's favourite destination for family entertainment, offering something for everyone. Perhaps best known for its vast selection of themed rides ranging from tame to terrifying, Gold Reef City also offers street entertainment, animal shows, variety shows, Africa's only 4D theatre and more. Iconic rides like the Dream Boat and Tower of Terror give you more thrills than ever.

The Park's historical attractions from the 1880's have been moulded into an interactive and entertaining tour called Jozi's Story of Gold. Combining Victorian Mine houses, underground mine tours, audiovisual presentations, gold pouring and panning, all to give

visitors a vivid taste of mining life in Johannesburg at the turn of the century.

The dazzling choice of restaurants includes a Milky Lane, as well as a Mugg and Bean. Retail shops and fun games also line the streets of Gold Reef City.

Little ones will love the Cuddle Corner where they get the chance to meet some furry farmyard friends. There is also an indoor play centre for young visitors.

Premier Diamond Mine, Cullinan Tours

Premier Mine, Oak Ave, Cullinan

Tel: (012) 734-0260

Hours: Monday – Friday from 08h00 till 16h00 and from 09h00 till 14h00 on weekends, by appointment

Website: www.africa-adventure.org/c/cullinantours

Visit the home of the world's largest diamond – the Cullinan Diamond Mine - and learn more about diamond mining. See replicas of diamonds, the shafts, the hoistroom and the Big Hole.

Please note that children under the age of ten are not permitted on this tour, as this is an operating mine. The underground tour is only available for adults and children over the age of 16. Prior booking is essential for both tours.



Hiking, Biking and Riding

Vergenoeg Nature Reserve Trails

Hartbeespoort, North West Province

Tel: (012) 207-1007

Open by appointment only

Website: www.hartbeespoortdam.com/vergenoeg

Vergenoeg is a nature reserve which lies against the southern slopes of the Magaliesberg Mountains, overlooking the Hartbeespoort Dam. Guided trails are offered to the top of the mountain. A highlight is to observe the endangered Cape Vultures launching themselves from the cliffs into the thermals. These hikes are most informative and one learns a great deal about the archaeological heritage of the region, as well as about the area's fauna and flora. Self-catering chalets are available. Booking is essential.

Orienteering

Websites: www.orienteeing.org.za

www.racorienteers.co.za

Orienteering, or "cunning running", as it is popularly called, is an ideal family sport. It improves mental agility as well as physical fitness. Rather like rally driving on foot, the objective of the sport is to navigate your way around a cross-country course, using a map and your common sense. Participants have to punch special cards, or clock in electronically, at various markers along the route. Courses are graded according to the level of difficulty. The novice course is ideal for families with young children and is usually only about 2.5 km in distance. For kids, searching for the markers is rather like a treasure hunt and they have tremendous fun, whilst learning map-reading skills and getting fit in the process. Please refer to the website for further orienteering information and a schedule of forthcoming events.

Danielsrust Horse Trails

Kromdraai Conservancy, Cradle of Humankind,
Western Gauteng

Tel: 082 555 3153 / 082 891 8365

E-mail: info@danielsrust.co.za

Website: www.danielsrust.co.za

Prior booking is essential for all activities.

Danielsrust Game Farm is a 1000 ha privately owned farm situated in the heart of The Cradle of Humankind World Heritage Site. (Located 25 km outside of Krugersdorp, about 50 km from both the JHB CBD and Pretoria)

The farm is stocked with over 700 head of game and 11 species of antelope. The horse rides take place through the farm and a diverse selection of wildlife will be seen.

Danielsrust Horse Trails take place daily and cater for all

levels of experience. Children who wish to go on a trail should ideally be over the age of 9 years old and must be able to sit alone on a horse.

Ride options: 1 hour, 1,5 hours and 2 hours

Danielsrust Quad Rides

Kromdraai Conservancy, Cradle of Humankind,
Western Gauteng

Tel: 082 555 3153 / 082 891 8365

E-mail: info@danielsrust.co.za

Website: www.danielsrust.co.za

Prior booking is essential for all activities.

Danielsrust Quad rides are eco-friendly, slow guided game rides. We cater for all levels of experience.

Children must be 13 years of age and older in order to ride. Younger children may pillion with an adult.

No private quads are allowed. NO SPEEDING OR RECKLESS RIDING WILL BE ALLOWED

Rides are an hour long.



Daytona Suzuki Adventure Park

William Nicol Drive, Fourways (5,5 km beyond the Indaba Hotel)

Tel: (011) 795-1091 / 083 625 1537

Open: Tuesday – Sunday from 10h00 till 18h00

On-track quad bike training is available for youngsters and licensed drivers. There are kiddies' bikes for little ones over the age of 4. Once you've mastered your machine on the track, you can explore the surrounding countryside. The Adventure Park also offers clubhouse facilities, beach volleyball and a swimming pool.

Dirt Ryder Adventures

Hans Strydom Drive (R512), Lanseria

Tel: 082 458 3634

Website: www.dirtryders.co.za

Dirt Ryders is situated a stone's throw from Lanseria Airport. They offer an outdoor go-carting raceway, paint ball, volley ball, pony rides, swimming pools and a kids' play area. It has become a popular birthday party venue.

Shepherd's Fold Stables and Riding School

Elandsdrift, Western Gauteng
Tel: 084 220 2657
Prior booking essential

Nestled in the beautiful Elandsdrift valley, on the border of The Cradle of Mankind, the Stables are only ten minutes from the suburbs of Fourways and Honeydew, whilst enjoying an unspoilt natural setting.

The Riding School offers excellent tuition for riders of all levels. The instructors are knowledgeable and caring, and they teach with emphasis on fun whilst learning. The riders are taught on well behaved ponies/horses in a safe environment. Shepherd's Fold teaches students from 3 years to 100 years of age!

They also offer Pony Camps during the School holidays - this is a fun learning experience for all kids interested in horses. The programme consists of lessons, activities, lectures, out rides, 'hands on' care of horses, games and more. No previous experience required. Out rides in beautiful surroundings, ranging from 1 ½ to 3 hours, are a perfect way to unwind.

Adventure Pony Camps

Outskirts of Waterval Boven
Tel: (013) 256 9081 / 082 853 3993
E-mail: bbktrails@absamail.co.za
Website: www.bbktrails.co.za

Are your children bored during the school holidays?
Driving you up the wall?

Why not send them off to learn a little about horses and have a great deal of fun at the same time? Let them join one of the Adventure Pony camps presented by BBK Trails, which are held during all public school holidays.

The pony camps run for 7 fun-filled days during which the children will learn how to ride and how to work with horses. Here they will discover nature and will experience farm life. While learning how to work with other kids, they will be able to enjoy a wide range of activities, such as swimming, bum slides, the foefie slide, adventure games, forests hikes and river rambles.

Children will be divided into teams and will learn to perform various tasks throughout the holiday camp, in order to nurture and develop leadership qualities. They are supervised, at all times, by adults, with first aid knowledge. Advance booking is essential.



CHARTWELL STABLES
SPECIALISED CHILDRENS EQUESTRIAN CENTRE

★★ *Silver Status* ★★

COME AND LEARN TO RIDE WITH US

- Safe & Supervised Environment • Lots of friendly Ponies & People
- Knowledgeable, Qualified Instructors • Private lessons for Beginners
- Training Shows, Fundays & Pony Camps

Tel: 073 952 8572 • Fax: 0866 274256 • email: cstables@netactive.co.za

Outdoor fun

Honeydew A-Maiz-ing Mazes

Honeydew, Johannesburg North
Tel: (011) 794-5818 / 073 795 2174
Website: www.honeydewmazes.co.za

Honeydew Mazes is home to South Africa's only giant mazes, the Elemental Maze and the annual Maize Maze. These giant puzzles offer Gauteng families a unique outdoor experience that is suitable and fun for all ages.

From June till December, we offer the Elemental Maze – constructed from indigenous reeds with nearly 2km of paths linking to and through 5 Secret Gardens - this maze is designed to confuse and challenge. Players need to explore the whole maze to find the 10 quiz boards hidden in the maze and answer the fun general knowledge quiz, before finding their way to the exit. Average playing time is currently around 90mins. There are benches in the gardens for those who would like to rest up and watch the passing parade.

From January to June each year we present Africa's only Maize Maze. A giant design is cut into a field of mielies with 3,5km of paths that will keep you guessing. Again, played with a fun general knowledge quiz, this is a great summer attraction suitable for the whole family. Our theme for 2010 will be unveiled on our website.

There are also plenty of small mazes and puzzles around the coffee shop to keep you entertained.

Honeydew Mazes hosts parties and family outings on weekends and is open during the week by arrangement for school outings and corporate events and teambuilding. Our monthly Moonlight Mazes are also a big hit! Consult our website for more details.



Magaliesberg Canopy Tours

Sparkling Waters Hotel and Spa, North West Province
Tel: (014) 535-0150

Hours: 07h00 – 18h00
E-mail: info@magaliescanopytour.co.za
Website: www.magaliescanopytour.co.za

The MAGALIESBERG CANOPY TOUR is a unique eco-adventure that takes clients on a 2,5 hour tour down the spectacular Ysterhout Kloof, set in the ancient

Magaliesberg Mountains. Eleven platforms have been built against the cliffs and rock faces of the kloof and are joined by long steel cables that clients slide along to reach the next platform. Much like a "foefie" slide, the canopy tour essentially involves zigzagging down the kloof, while stopping at each platform to admire the expansive views and surrounding ecology. Two trained canopy guides assure the safety of each participant while describing interesting facts about the indigenous plants, bird life, ecology and geology of the area.

The Magaliesberg Canopy Tour is the third of its kind in South Africa, with the Tsitsikamma Canopy Tour just outside Plettenberg Bay and the Karkloof Canopy Tour, outside Howick, in the Natal Midlands.

Danielsrust Bush Paintball Range

Kromdraai Conservancy, Cradle of Humankind,
Western Gauteng
Tel: 082 555 3153 / 082 891 8365
E-mail: info@danielsrust.co.za
Website: www.danielsrust.co.za

Danielsrust Game Farm, a 1000 ha privately owned farm situated in the heart of The Cradle of Humankind World Heritage Site, offers exhilarating Paintball contests in a bush setting. Other adult activities available include Clay Pigeon Shooting and Archery. A minimum number of ten participants is required for these activities. Prior booking is essential.

Hartbeespoort Dam Cableway

R514, adjacent to the Hartbeespoort High School
Tel: (012) 253-1706
Open daily from 09h00 till 15h30. The final gondolier to ascend the mountain departs at 15h00.
Website: www.hartbeespoortdam.com

If you find climbing to be too arduous with youngsters in tow, here's the solution. From the summit, you can admire a beautiful panorama, with the Hartbeespoort Dam at your feet and the Magaliesberg Mountains stretching into the distance. Unfortunately you can't linger and admire the setting sun, as the last descending gondolier returns to base at 15h30.

Skate Boarding

Boogaloos Skateboard Parks

Bright Water Commons, Ferndale, Randburg
Montecasino, Fourways, Menlyn Park,
Festival Mall, Kempton Park
Tel: (011) 608-1101

Thrasher's Extreme Skating

Cnr. Louis Botha and Serene Streets, Garsfontein,
Pretoria/Tshwane
Tel: (012) 348-0669

Adventure Golf

Three unorthodox 9-hole courses on which to hone your putting – great fun for the whole family. The centres are open 7 days a week until 10pm.

Adventure Golf Fourways Mall
Tel: (011) 465-8452
Adventure Golf Brightwater Commons
Tel: (011) 886-4816
Jungle Golf Brooklyn, Pretoria
Tel: (012) 346-5388

Vodacom World of Golf

Woodmead, Johannesburg
Tel: (011) 802-5864
Website: www.worldofgolf.co.za

The World of Golf offers superb, state-of-the-art facilities for golfers of all ages and abilities. Besides the chipping and driving ranges, there is the 9-hole Wedge and Putt Course. If you're not a member, don't despair. Non-members are welcome too and there are special rates for juniors. Golf clinics for youngsters are offered during the school holidays. Please phone for session times and rates.

Resorts

Valley of the Waves

Sun City, North West Province
Tel: (014) 557-3000
Open daily

If you aren't able to take the kids to the seaside, the Valley of the Waves at Sun City provides a great alternative. This spectacular destination is almost the real thing. Pack the bucket and spade, the beach umbrella and sunscreen, and spend the day on the shores of this man-made bay. Water rides cater for the needs of all ages. There are also lovely walking trails

through the rain forests of the Lost City and much, much more.

Wild Waters

1 Margaret Avenue, Boksburg (entrance in Oosthuizen Street)
Tel: (011) 826-6736
Open on weekends and public holidays from 10h00 till 17h00. Open daily during the government school holidays. Closed in winter.

Good, clean fun on a sunny day! There are super-tubes, kamikaze rides, water slides and a river ride to keep the kids entertained. Lifeguards are on duty at all times.

Stone Haven on Vaal

Next to the Riverside Sun Hotel, Vaal River, Vanderbijlpark
Tel: (016) 982-2951

Stone Haven is a delight for the whole family. Whether you're popping in for tea, a buffet lunch or sundowners, you'll find dozens of reasons to linger. Cruise down the Vaal on a ferry, have lunch on the terrace or on the lawns overlooking the riverfront or simply unwind in a beautiful setting. There are small tables and chairs next to each adults' table, where the children are served their meals. This 10 acre estate offers plenty for kids to keep boredom at bay. There is a play area which includes a tree house, jumping castle, bike track and sandpit, as well as a petting farm and a swimming pool with a waterslide. Stone Haven is a perfect venue for children's birthday parties where the birthday child is made to feel absolutely special. Stone Haven welcomes all dogs as long as they are not grumpy, bad mannered or anti-social - there is even a well balanced doggies' menu! Accommodation is also offered, if you find it hard to drag yourself away.

Forever Resorts, Warmbaths

Cnr. Sutter and Voortrekker Roads, Warmbaths.
Tel: (014) 736-8500
Open daily

Formerly Aventura Spa Warmbaths, this is a popular Spa Resort and Game Reserve, situated approximately 90km north of Pretoria/ Tshwane. The Resort is renowned for its hydro, its hot mineral springs and water world. A great variety of amenities is provided for the enjoyment of visitors. Try your hand at Cable Water Skiing (even young kids can do it!), or go on an outing through their Game Reserve. Accommodation is available for those who would prefer to linger.

School camps, tours & holiday programmes

Delta Environmental Centre

Delta Park, Road Number 3, Victory Park
Tel: (011) 888-4831

School holiday programmes focusing on birding, wildlife and environmental issues are offered.

Sandton Field and Study Centre

45 Louise Ave, Parkmore
Tel: (011) 783-7407

These popular programmes which run during the government school holidays incorporate a wide range of children's activities. Advance booking is essential.

Bushtrail Environmental Centre

Magaliesburg, North West Province
Tel: (014) 577-1566 / 082 923 2739
Office hours: 08h00 – 17h00
Website: www.bushtrails.co.za

Bushtrail is an Environmental Field Centre of 80 hectares, situated in the foothills of the Magaliesberg Mountains and 12 kilometers from Magaliesburg Village. We can accommodate 120 children on bunk beds and there are 2 ablution facilities with hot and cold running water and flush toilets.

The child friendly meals are prepared by our staff. We offer general nature awareness for Grade 1 – Grade 12 from ecology to orienteering. We also assist with team building or leadership camps - the obstacle course is a great leveler!

During the government school holidays, we run 8 day camps for children in the age bracket of 7 – 15. These camps prove to be a fun-filled holidays and the friends made here become buddies for life!

Let the kids expend their energy in a beautiful, natural environment. There is also a self catering cottage for those of you who need to feel the wind in your hair and hear bird song in your ears, while relaxing on the wooden deck, come to Bushtrail and ENJOY!



Happy Acres

Magaliesburg, North West Province
Tel: 083 449 5123
E-mail: hacres@iafrica.com

Happy Acres, situated in picturesque Magaliesburg, offers an amazing holiday camp for kids. Happy Acres will be hosting action packed camps that are an absolute MUST for kids between the ages of 7 and 14. Each week long camp is jam-packed full of exciting activities with a fantastic vibe and the opportunity to have a holiday of a lifetime!



All camps are supervised by trained and experienced counselors and include tailor-made activities to suit the needs and interests of the campers. This is a fantastic way to ensure that your kids meet new people, experience brand new activities and have a week that they will always remember. Booking is essential. For more information, call Fiona on 083 4495123 or email hacres@iafrica.co.za

Real Trees Adventure Farm

Tel: (011) 702 1223 / 083 675 7979 / 082 491 6678
E-mail: realtreesadventurefarm@gmail.com

Real Trees Adventure Farm is situated on a beautiful horse farm with groves of trees, a river and a dam. Here nature rules. Explore the farm and experience the freedom of the wide open spaces.

As well as providing a party and picnic venue, Real Trees Adventure Farm organizes regular weekend and school holiday camps where children get to plan their own adventure. These camps are firm favorites with the kids as they are designed to promote personal growth and development.

Riding lessons on our amazing, cute and child friendly ponies are offered for children of 3 years of age and older. Pony rides are available for all ages, as well as people with special needs.

Adventure Pony Camps

Outskirts of Waterval Boven
Tel: (013) 256 9081 / 082 853 3993
E-mail: bbktrails@absamail.co.za
Website: www.bbktrails.co.za

Are your children bored during the school holidays?
Driving you up the wall?

Why not send them off to learn a little about horses and have a great deal of fun at the same time? Let them join one of the ADVENTURE PONY CAMPS presented by BBK Trails, which are held during all public school holidays.

The pony camps run for 7 fun-filled days during which the children will learn how to ride and how to work with horses. Here they will discover nature and will experience farm life. While learning how to work with other kids, they will be able to enjoy a wide range of activities, such as swimming, bum slides, the foefie slide, adventure games, forests hikes and river rambles.

Children will be divided into teams and will learn to perform various tasks throughout the holiday camp, in order to nurture and develop leadership qualities. They are supervised, at all times, by adults, with first aid knowledge. Advance booking is essential.



Dolphin Encountours

Tel: (011) 462-8103 / 082 920-8952
Website: www.dolphin-encountours.co.za
E-mail: info@dolphin-encountours.co.za

The southern most reaches of Mozambique is home to a resident population of Indian Ocean Bottlenose Dolphins that have been socializing with humanity since the early 90's after Angie Gullan, co-founder of both Dolphin Encountours and DolphinCare-Africa first connected with this highly intelligent species.

Dolphin Encountours initiated Africa's first wild dolphin interaction program in the early '90's after a two year trial period in Ponta do Ouro, Southern Mozambique. During this period, co-founders embarked on establishing Africa's first Dolphin Observation and Research Centre. A strict code of conduct was developed based on advice and guidelines from international and local marine mammal experts, resulting in a programme that allows close interactions, on the dolphin's terms.

A beckoning to share the wonder of dolphins with man, as well as a profound desire to protect and learn from

them, has developed unique inter-species relationships where conscious interactions can be explored, seemingly benefiting both species.

Ongoing research in calibration with The Natural History Museum in Maputo and various other institutes ensures that programmes are run to high standards, where observations are strictly monitored and daily data is collected. Much care is taken when working with this dolphin tribe as crew regard cetaceans {dolphins and whale} as highly intelligent creatures that feel emotion and thus experience joy and pain.

Three and four night tours are offered, which provide one will have the opportunity of coming face to face with Creation's most intelligent creatures. Accommodation and meals are offered onsite at the rustic dolphin-inspired Beach Camp, where the rhythm of the ocean soothes one into a space of peace and calm.

Both adults and children are awed at what the ocean has to offer, from the soft white sands and welcoming waves, to the delight of dolphins and gentle whale-sharks. Shallow reef snorkeling and whales in winter leave one with memories that will forever be talked about!



Directory of Services

Parenting workshops, play groups crèches & pre-schools

Moms & Babes Workshops

Tel: (011) 469-1530 (Head Office)
Fax: (011) 469-1530
E-mail: petra@momsandtots.co.za
Website: www.momsandtots.co.za

These workshops are designed for babies in their first year to enhance their sensory-motor experience. Moms and Babes facilitators are age-appropriate baby stimulation specialists. This play activity programme, developed by an Occupational Therapist and Physiotherapist specifically for babies in their first year, includes:

- Guided play and exploration with age-appropriate toys.
- Easy-to-do exercises.
- Fun and movement to music.
- "Feeling" experiences for sense of touch.
- Baby massage.
- Gross-motor activities.



The Moms & Tots Workshops

Tel: (011) 469-1530 (Head Office)
Fax: (011) 469-1530
E-mail: petra@momsandtots.co.za
Website: www.momsandtots.co.za

These workshops focus on enhancing co-ordination and perception skills and enriching the mother-toddler relationship. The workshops are conducted by age-appropriate toddler stimulation specialists. The programme includes:

- Free play with an extensive array of educational toys.
- Songs, rhymes, music and story time.
- Life skills and messy play.
- Gross motor courses.



Jungle Tots

Tel: (011) 469-1530 (Head Office)
Fax: (011) 469-1530

E-mail: petra@momsandtots.co.za
Website: www.jungletots.co.za

This is an educational playgroup (pre-school / crèche) that gives young children the opportunity to learn while having fun. It is part of the Moms and Tots Workshop Group.

- Fun filled mornings for 2 - 3 and 3 - 4 year olds.
- Available for 5 mornings per week.
- Stimulating, happy and safe environment.
- Wide range of quality educational indoor and outdoor equipment.
- Weekly themes and regular outings.

Emphasis is placed on a positive, safe and caring environment that encourages children to reach their full potential!

Call the Moms and Tots Head Office to locate a franchise in your area.



TOPTOTS

Tel: (031) 266 4910/ 082 876 7791
Website: www.toptots.co.za

At TOPTOTS we honour the work that parents do with their children. We believe that being with your children and being involved in their lives is the single most important thing that you will ever do in your life. We provide valuable information to help parents understand their children better and through our specialised programme, we promote the bond of love between parents and their children.



Our workshops place the emphasis on fun. Children learn best when they experience learning in a fun and practical way. As the number one leaders in the field of early learning, we make certain that our weekly activities are appropriate for your child's age. We help develop their little minds, teach them skills that will ensure their success at school and give you practical tips to help your child to learn about colours, shapes, develop concentration skills and lay the solid foundations for reading and writing.

We have branches throughout S.A. Visit our website www.toptots.co.za to locate a branch near you.

Opti-Baby Daycare Stimulation Centres Midrand and Fourways

Opti-Baby & Opti-Kids Daycare Midrand
Cell: 082 559 0624
Fax: 0866 513 181
E-mail address: tanya@tavona.co.za
Website: www.opti-baby.co.za

Opti-Baby & Opti-Kids Daycare Fourways
35 Albatross Drive, Fourways
Tel: (011) 705-2161 / 082 888 5922
Fax: (011) 465-0907
E-mail: optibaby4ways@ebucksmail.com

Nothing on earth is more precious than a smile on your child's face. You'd give your child the world if you could – but a strong foundation, a well-rounded education and positive self-esteem are an excellent start. That's exactly what your little one will receive at the exciting concept Opti-Baby Daycare Stimulation Centre.

We understand the anxiety you feel about choosing a childcare provider. We understand that you're wondering what your baby/toddler is doing while you are at work. We know that you'd like to share in all their special moments. At Opti-Baby Centres, we make the most of every moment. The Centres provide a warm, nurturing and safe environment. We cater for babies/toddlers from age 3 months to 5 years.

The centres are equipped with web-enabled cameras, allowing the parent or authorized loved-ones, secure live- monitoring of the baby's/ toddler's activities at the centre. With the establishment of Opti-Baby Centres, it is envisaged that parents will have peace of mind when leaving their little ones at this five-star facility.



Children's Parties & Entertainers

Smilemakers

Tel: 086-111-2877
E-mail: party@smilemakers.co.za
Website: www.smilemakers.co.za

For the widest variety in kids' entertainment, contact Smilemakers:

Fun Entertainment

- Air Bots (NEW)
- Airbrush Tattoos
- Amazing Chase
- Ballet Party (NEW)
- Balloon Sculpting
- Belly Dancing Workshop
- Birthday Bungee
- Crazy Cricket
- Fairy Party
- Fear Challenge
- Face Painting
- Foam Party
- Gypsy Party
- Hawaiian Party
- Hip Hop Dance Party
- Kids Karaoke
- Kids Disco
- Little Chef's (NEW)
- Mermaid Party
- Miles of Smiles
- Nintendo Wii™ (NEW)
- Paintball Mania
- Parachute Party
- Pirate Party
- Princess Party
- Stencil Tattoos
- Teen Disco
- Smarties™ Party (NEW)
- Survivor Party
- Tag Rugby (NEW)
- Teen Karaoke
- Thandi's African Party (NEW)
- Traditional African Story Teller
- Traffic Land
- Turbo Racers
- Zapit Adventure Game

CAPTIVATING CLOWN SHOWS

- Jay Jay the Clown
- Little Gerry
- Sparkles the Magical Clown
- Mac the Clown & his Canine Cutie
- Kallie the Clown

MESMERISING MAGIC SHOWS

- Crazy Science Show (NEW)
- Dinosaur Magic Show

- Farmer Mac & his Animal Magic
- Gareth & Bobby's Fun Show
- Gee Wiz
- Green Lizard Magic Show (NEW)
- Mister Dilly Dally
- Mauro the Magician
- Tricky Trevor
- Mystical Magic
- Wacky Wizard

KIDDIES OR MUSHROOM CAROUSEL

Compact, colourful, cute! Suitable for 2 to 6 year-olds. Seats seven at a time. Delivered and operated.

ANIMALS & RIDES

- Animal Encounters (NEW)
- Camel Rides
- Hans & Royal Buck
- Miniature Train
- Mobile Farmyard
- Mini Ferris Wheel
- Mobile Edu-Zoo
- Pony Olympics
- Pony Rides
- Snake Demonstration

CIRCUS ACTS

Green Lizard Circus School. Learn various skills in a fun, traditional circus environment. Suitable for children from 6 to 12yrs. Juggling balls, diabolos, flower sticks, Chinese plates, balancing balls, tight-rope, rola-rola, juggling rings and acrobatics are the order of the day.

CRAFT PARTIES

- Beading Party
- Beading – Create a watch
- Candle Making
- Cap Decorating
- Chocolate Making Party
- Dream Catcher Party
- Decorative Plate Painting
- Paint a Pencil Case
- Paint a Tog Bag
- Scrap Booking (NEW)
- Ceramic Painting (NEW)

BIG BERTHA PARTY BUS

A sing-a-long drive around the block to arrive back at your party venue. The copious activities start to unfold: a Puppet Show, Face Painting, Songs & Games, Basket Ball Hoop, Black Board AND a Jumping Castle! Then there is Popcorn, Candy Floss, Ice Cream and Slush Puppy too!!

MINI FUNFAIR RIDES

Fabulous kiddies' entertainment, suitable for intimate parties and large events. Easy access to your venue is a pre-requisite!



Busketeers Entertainment and Events

Tel: (011) 394-2502 / 083 288 0292 / 084 581 6849

E-mail: info.busketeers@gmail.com

Website: www.busketeers.co.za

Busketeers Entertainment and Events provides a comprehensive entertainment solution. We supply clowns, stilt walkers, balloon sculptors and all the accessories that you might need.

If you want special activities that keep those little people busy on weekends and holidays, we will compile a package that will put a smile on everyone's dial.



Should you need help or entertainment for a more mature event, Busketeers Entertainment will surprise you once again. A full spectrum of services is available to make your special birthday, corporate function or wedding something to remember. Our live bands and DJ's are the best you can ask for. We are looking forward to your call.

Rhythmmania

Cell: Bonny 083 609 8199

E-mail: info@rhythmmania.co.za

Web: www.rhythmmania.co.za

Rhythmmania specializes in Drumming and Percussion games for children. Our Djembe drumming and Boomwhacker parties are perfect for all school-going children right up to teens as well as adults. We bring our drums to your venue.

Rhythmmania also runs specialized drumming and percussion workshops for schools and nursery schools. These include once-off workshops as well as ongoing weekly workshops. Improved concentration, listening skills, motor-planning and co-ordination are just a few of the educational benefits of our programme. These workshops have been carefully compiled by educational specialists.



Creative Puppets

Tel: (011) 768-1915 / 083 305 3371

Fax: 086 672 7947

E-mail: pproductions@iburst.co.za

PUPPET SHOWS FOR BIRTHDAY PARTIES

Fun and interactive puppet shows for every occasion... will have your kids enthralled and amazed for 40 minutes...while you take a breather!

These are puppet shows with a difference. Children become involved with the puppet story - and even dance with the puppets in the end. We specialize in marionettes puppets and mouth puppets for the smaller kids. Give your party the creative edge and be the talk of the town. Book us, now!

LEARN HOW TO MAKE YOUR OWN PUPPET

Book a puppet-making workshop for you and your children. We teach you in a fun way to make hand puppets and marionettes.

A NEW ORIGINAL CD - We recently recorded a new original CD with 8 original Afrikaans stories about animals. Each story has a life lesson. Order the CD now. Please note that all the stories on the CD are in AFRIKAANS.



Spellbound Puppets

Tel: 082 744 3882 / (011) 648-5235

Fax 086 671 4236

Fun and fantasy for all occasions! Puppet shows for birthday parties, family fun days, fund-raising events,

pre- and primary schools; shopping centre promotions: all special celebrations!

Theme party shows available as well: fairy, mermaid, princess, unicorn, dinosaur, bug show, animals and many more!

Also puppet shows for special holidays and events: Christmas, Easter, Valentine's Day, Mothers' Day, gardening, pyjama parties, environmental events, Shavuot, Purim, and others. List of shows available on request.

Puppet-making workshops are also available.



Cookery classes

uShef

Tel: (011) 462-8964 / 082 336 6017

Fax: (011) 462-7128

E-mail: ushef@telkomsa.net

Website: www.ushef.co.za

Trends show that more and more people consider themselves "foodies" and "cooking enthusiasts" and embrace cooking as a leisure pursuit. uShef focuses on the entertainment side of cooking.

Experience an amazing teambuilding event, be head chef for the night, increase your domestic's cooking skills and give your child a party to brag about.



Isago Fun Event Promotions

Tel: 079 880 1916 / 072 877 3764

Website: www.lemansracing.co.za

Isago Fun Event Promotions supply entertainment equipment for kids' birthday parties, fetes, shows, expos, trade fairs, carnivals and team building. They can come to the venue of your choice, or organise one for you.

Non-inflatable equipment includes:

- Go carts
- Mechanical Bull

The following inflatables are for hire:

- Waveside(7m)

- Gladiator Slide(3m)
- Jumping Castles
- Gladiator Obstacles
- Waterslide(14m)

Isago also assists with party planning and rent out kiddies tables and chairs.

COMING SOON JUNE 26: Le Mans Indoor Go-Karting : Menlyn Shopping Centre, Level P6U, Pretoria.

Online Parenting Portal

SA Kids on the Go

Tel: 082 558 5315

Website: www.sakidsonthego.co.za

[SA Kids on the Go](#) welcomes everyone, from Baby to Grandma. If you're up for trying something new, meeting new friends and generally having great fun with the family or School, you're gonna love this site. It's a chance to leave your home, explore new places, find things easier and have a good time!

SA Kids on the Go is filled with an assortment of Kids Venues, Events, Baby and Kids shopping with educational toys, kids' books, labels, baby product, children's costumes, safety and health products and playground equipment. Baby and Kids' Services, such as family photographers, kids' transport, tutors, workshops and great holiday camps. Kids' Parties to assist with party venues, party shops, party equipment, party cakes and food, party packs and kids' party entertainers. Family Accommodation for that special family holiday that is child friendly, and much more...



Sport and extra-mural activities

Little Champs Sports Academy

Sandton and Waverly, Johannesburg

Tel: (011) 722 7374

Hours: 09h00 – 17h00 daily

Website: www.littlechamps.co.za

Little Champs Sports Academy is dedicated to developing and educating children through play and

sport, as well as delivering the most comprehensive, health conscious lifestyle programme for pre-school children.

Little Champs Sports Academy was founded in 1996 to teach gross-motor and life skills development to children between the ages of three and seven, through a holistic sport and lifestyle programme, in a non-competitive, fun-filled environment. Little Champs offers specialized coaching in gross-motor skills, using most sports, for boys and girls.

Our programme follows a structured, outcome-based course that is also thematically based, and has been endorsed by the Professor of Human Movement Science at the University of Johannesburg and the Sports Science Institute of South Africa. No more than eight children in a class, ensures that your child receives individual attention, while learning socially.

We also run holiday programmes and are selling franchises of our highly successful model. Organizationally, we do eventing and are heavily involved in Corporate Social Investment for which we have approximately twenty centres running country-wide, for various sponsors.



KJD Martial Arts Academy

Shop 27, Brightwater Commons,

Randburg / Ferndale, Johannesburg

Tel: (011) 475-2966 / 082 902 2414

Fax: (011) 475-2966

E-mail: leesports@mweb.co.za

Website: www.kwanjangdo.com

KJD Martial Arts is the perfect place for youth from 3 years old upwards. Our syllabus teaches children discipline, self-confidence and assists them both physically with hand and foot co-ordination plus helps strengthen their spiritual well-being. Children with hyper



tension, learning difficulties and victims of bullying all benefit from KJD. Martial Arts is a way of life and all of our young students are part of a big, happy family.

Grand Master Lee is 9th Dan in Taekwondo, Hapkido and Gumdo, hence we offer a wide-range of Martial Arts styles and there is something for everybody.

The first lesson is for free and more information can be obtained from our website and contact numbers. We are based at Brightwater Commons in Randburg next to the Wimpy.

Yoga 4 Kids

Tel: 083 299 6555

E-mail: info@yoga4kids.co.za

Website: yoga4kids.co.za

Yoga4Kids is an educational programme that combines an exploration of the body, mind and self with the exercise system of yoga to support and enhance learning, health and personal responsibility. Yoga serves to help children to be learning-ready, physically fit, aware of self and others and confident.

Yoga4Kids follows an age-appropriated curriculum for the year where children form part of the Yoga Kids group (ages 8 - 12), Yoga Tots (ages 3 - 7) or Yoga Teens (13 - 17). An average class is 45 minutes long and commences with 5 minutes of breathing exercises, followed by 30 minutes of yoga postures and finishing with 10 minutes of relaxation.

Children will learn how to move gracefully, breathe smoothly and deeply and sustain their focus and concentration, developing strength, flexibility, balance, mental clarity and



emotional intelligence. Yoga4Kids presents this programme as an effective and measurable methodology to achieve lifetime physical and mental health.

Resilience Gymnastics Club

Gymnastics Hall, Hoerskool Die Fakkkel, Forest Hill

Tel: (011) 867-2839 / 083 696 6301 (Roxanne)

(011) 867-2839 / 079 677 1200 (Tracy)

Training; Tuesdays and Thursdays from 16h00 – 18h00

Saturdays from 09h00 -12h00

Classes in Artistic Gymnastics, conducted by qualified coaches, are offered for girls and boys from the age of 6 years old. Beginners, as well as advanced gymnasts are catered for.

Resilience Gymnastics Club is affiliated to the South African Gymnastics Association and to the Central Gauteng Gymnastics Association.

Gymnasts will be trained to participate at a competitive level, or alternatively, may simply train and take part in the sport for enjoyment.

Gymnastics is an excellent sport for children with concentration problems and has proved to be of great benefit.

Training sessions take place in a safe and fully-equipped environment at the Hoerskool Die Fakkkel Gym hall, Gantner Street, Forest Hill (near Glenvista).

For further information, please phone Tracy or Roxanne.



Tuition

Hire Education

Tel: 08612 TUTOR (08612 88867)

E-mail: info@hireeducation.co.za

Website : www.hireeducation.co.za

1-on-1 Tuition @ Home

Trained, professional tutors

All subjects, All grades

Experience the advantage of individual extra lessons

1-on-1 lessons are a completely different dynamic from the classroom situation. Through individual attention the tutors are able to address the unique needs of each learner. Our tutors do not only assist learners who are failing and need to pass, but also learners who are achieving a certain pass mark which they would like to improve. Our tutors:

- clarify concepts
- improve understanding
- keep learners up to date
- help prepare for tests and exams
- supervise homework

The role of our tutors also extends to motivation and encouragement as well as improving organizational and study skills. In other words our tutor's responsibly extends to what happens outside the lessons.



Au Pair Agencies

Au Pair Professional Services

Tel: 083-270-5060 or 0861-MYCHILD
E-mail: hayley@proplacements.co.za

Au Pair Professional Services specialises in permanent and temporary au pair and babysitter placements in JHB. We have a large database of screened and experienced female and male au pairs available.

We also offer lifting schemes and homework supervision. We have a wide selection of au pairs available, several of whom are in the process of completing, or who have completed their qualification in education or in some other child related field.

We offer excellent after-placement service. A qualified and experienced agent will deal with all placements. We have been placing au pairs for 7 years and have assisted thousands of families in finding the right person. Contact Hayley Eaton: 083-270-5060 or 0861-MYCHILD or

e-mail: hayley@proplacements.co.za



Aupairs Exclusive

Tel: (011) 614-7039 / 072 049 7891
Fax: (011) 624-2741
E-mail: marionsmith@telkomsa.net
Website: www.aupairsexclusive.co.za

Aupairs Exclusive specialises in the placement of aupairs, childminders and night nurses, as well as the placement of aupairs in Holland and America. All our candidates are personally screened and reference checks are conducted.

Aupairs Exclusive was chosen as one of the Top 10 companies in the 2008 Standard Bank and Living Loving Mom Entrepreneur Competition. We were the only Au Pair Agency nominated. Our rates are extremely

competitive and our service is outstanding! Why not give us a call for a quote?



Choice Child Care

Tel: (011) 787 2528
E-mail: stephd@choicechildcare.co.za

You wouldn't encourage your child to talk to strangers so why leave your child in the care of one? FOR CHILDMINDERS, NANNIES & AU PAIRS YOU CAN TRUST contact Choice Child Care on 011 787 2528 stephd@choicechildcare.co.za

Established in 1995 by Stephanie Dawson-Cosser, we are experts in creating child care solutions in the work place, at home and at pre-schools, for temporary, as well as permanent placements. Corporates need look no further when trying to source specialists to assist with their wellness portfolio's. Individual consulting on all work-life balance issues, Needs Analysis surveys, creative solutions and parenting network support is all included in our services.

Just Kidz Au Pair Recruitment

Tel: 082 723 8722
E-mail clara@justkidz.co.za

Just Kidz Au Pair Recruitment is a reputable recruitment agency providing South African families with South African au pairs. The au pairs are 18 years of age or older and they have their own cars and a valid driver's licence.

Duties could include transportation to and from school and extra mural activities, supervision of homework, preparation of children's meals and outings during the school holidays. For more information about the services offered, contact Clara 082 723 8722 or email clara@justkidz.co.za



Psychologists

Bryanwood Therapy and Assessment Centre

Block G, Knightsbridge Manor, Sloane Street,
Bryanston, Johannesburg
Tel: (011) 706 2269 or (011) 706 0979
Website: www.bryanwood.co.za

Bryanwood Therapy and Assessment Centre is a private practice that has been in existence for over ten years, and consists of Clinical, Educational and Counselling psychologists. We are trained in a wide variety of treatment modalities, and provide psychotherapeutic and diagnostic services to children, adolescents, adults, couples, and families.

Psychologists at Bryanwood have various areas of specialization such as anxiety, depression, post-traumatic stress disorder, anger and stress management, postnatal depression, relationship difficulties and so forth. Additionally, psychologists treating and assessing children, deal with a wide range of children's difficulties.

Playground Equipment

Buddies Play Gyms

Tel: (011) 864-4856 / 072 2698484
Fax: (011) 864-4854
E-mail: buddies@buddiesplaygyms.co.za
Website: www.buddiesplaygyms.co.za

Make every child's dream come true!
Wooden Outdoor Playground Equipment, Jungle-gyms, Tree-houses, Obstacle Courses (boot-camps and team building courses)!
Best Quality, Best Service, Best Prices – since 1994
Modular & Custom Designs
Many designs to choose from.
No job too big or too small.
Maintenance and repairs done on any wooden jungle gym and wooden outdoor playground equipment.



Products, books & clothing for kidz

Kasabow

Riverview Centre, Conrad Drive, Craighall Park,
Johannesburg
Tel: (011) 326-0782 / 082 455 5034
Fax: 086 667 9904
E-mail: info@kasabow.co.za
Website: www.kasabow.co.za

Kasabow is a children's only bookshop located in the Riverview Centre, Conrad Drive, Craighall Park. Our opening hours are on weekdays from 9-5 and Sat 9-3. We specialise in books for all ages, from babies to young adults and offer a personalised service.

We present fun-filled book readings twice a month for various age groups.



We stock a wide range of books in English and Afrikaans and some Zulu, plus a large reference section. We also stock activity books, the THRASS system and lots of great gift ideas.

We look forward to seeing you in the store soon.

Create A Star

Bedfordview, Johannesburg
Monday to Friday: 8:30am-4pm
Saturday: By appointment
Cell: 083 770-9561
Fax: 086 600-8800

Allow your child to step into a world of fantasy, where learning is fun and imaginations run wild. They become part of the adventure and imagine their excitement when they discover that they are reading about themselves!

Create a Star Personalised Story Books nurture a love of reading, as your child's personal details are woven into the story, and they become the star of the story. They can be magically whisked away by a princess and silver swan, or by unicorns which fly them off to a land of dinosaurs!

The books are custom-printed, completely personalised with 36 pages, brightly illustrated and professionally bound in a glossy, wipe-able hard cover (17,5cm x 21cm).

Included in the story, are up to three of their friends' or family members' names, their hometown and a short special message from you - a wonderful keepsake.

There are many titles to choose from, with humorous grown-up versions also available.

Special events are also catered for: births, weddings, anniversaries, birthdays and more.

Should you wish to buy a story book for someone and you don't know their personal details, gift certificates are available - you can buy the gift certificate, and the receiver can select which story book they want, and they complete the details and submit it to us, to claim their gift. These make wonderful gifts for birthdays, baby showers and weddings.



Heckle & Boo!

Tel: 082 901 2060

E-mail: info@heckleandboo.co.za

Website: www.heckleandboo.co.za

Heckle & Boo is a magical place where children's drawings come to life. This creative collaboration begins with your child's innovative and unique drawing. Together with patience and love the artwork is used as the basis and inspiration for us to create a beautiful and unique soft toy, cushion or t-shirt. A truly "one-of-a-kind" gift.

Each soft toy and cushion is stuffed with hypoallergenic polyester fibrefill. Every soft toy differs from the next and so do the materials, we use a wide range of materials from cotton to crafters felt, cashmere to polar fleece, synthetic to silks, depending on which material will be best for the product we then step into the sewing room to bring the artwork to life.

On many occasions it's hard to find a special gift for your child, one that they will cherish and enjoy for many years. Heckle & Boo gives you the opportunity to give your child a gorgeous gift which they themselves have designed and can keep forever as a trinket from their childhood.



Sirium Kids

Shop U42, Bedford Centre, Cnr Bedford and Smith Roads, Bedfordview

Tel: (011) 616-0821

Website: www.kidinet.co.za

Sirium Kids (opposite Mugg and Bean in the Bedford Centre) is a boutique children's clothing and accessory store, stocking the best of South Africa's designer kiddies' clothing, with ranges including Phoebe & Floyd, BugZoo, Munko and Indygo Artwear.

In addition to the clothing, we have a wide range of shoes, which include Crocs, Ryder and Bical.

In conjunction with the boutique, we also have an online store called Kidi-Net. The website includes a wide range of South African children's clothing and a large variety of accessory items, from stylish nappy bags to fashionable baby furniture. The ranges displayed on the website include JJ Cole, Mum 2 Mum, HugBugs and Smart Mom.



Young Runways

382 Osiris Street, Ruimsig Country Estate, Ruimsig

Tel: 087 808 9297 / 083 293 1504

Fax: 086 617 0596

Hours: Monday to Friday: 9am to 5pm

Weekends: 8am to 2pm

Young Runways sells international Hip-Hop branded clothing for young children from 3 months to 14 years of age. We stock a wide selection of brands, such as: Akademiks, Dereon, Pelle Pelle, Apple Bottoms, IZOD, Sean John, G-Unit, Absorbia, Ecko, Enyce, Baby phat, Pepe Jeans, Roca Wear and Bon bebe

Our range includes denim jeans, T-shirts, hoody's, golf shirts, caps, shorts, bermuda's, capri pants, baby rompers, dresses, bibs, socks and vests. Delivery can be arranged in Johannesburg and the surrounding areas.



Party supplies



- Baby Shower Accessories
- Baby Shower and First Birthday
- Balloon weights
- Balloons
- Banners
- Blow outs
- Bubbles
- Candles
- Cello Bags
- Centrepieces
- Christmas
- Confetti
- Easter
- Fancy Party Hats
- General themes
- Invitations & Thank you notes
- Lootbags and Party boxes
- Money boxes / party packs
- Novelties
- Party Hats
- Party Theme outfits
- Party Themes
- Pinatas
- Ribbons
- Seasonal Themes
- Solid Colours
- Table covers
- Tableskirts
- Wedding theme

For your online / one shop party supplies.

Ilse Slatter
0794226399
ilseslatter@polka.co.za

Pinata Africa

Tel: 082 457 2276
Website: www.pinatas.co.za

A Piñata originates from Mexico and is a hand made, decorated, paper-mache model that you can fill with sweets or gifts.

Individuals have been selected from the Refilwe Community to learn this skill, enabling them to progress in their lives, become self-sufficient, care for their families and break the cycle of poverty. All our Piñatas are made from recycled materials such as newspaper, cardboard, cardboard rolls and old telephone books.

Hang your Piñata from the ceiling, tree or playground equipment. Each child or adult takes the stick (or Piñata-buster) and has a turn to 'bash' the Piñata. To add a bit of 'spice' to the game, a blindfold can be used. Turn the person around 2 or 3 times and point them in the direction of the Piñata. Stand away from the blindfolded person with the stick! When someone breaks the Piñata, everyone makes a mad dash for the contents. There is a non-violent version too!



The pull-string Piñata has 25 – 30 strings hanging below. Only one string opens a trapdoor to release the contents, while all the other strings are false.

Casting Agencies

Star Quality Performing Arts School & Casting Agency

Tel: (011) 482-7797 / 084 290 0298
E-mail: lauren@starquality.co.za
Website: www.starquality.co.za

Are you a kid who wants to be a Star? Are you the next Hannah Montana or Jonas Brothers?
If you have time, transport and most of all TALENT, then join the Star Quality Kids Agency today!
Be on TV, in movies, do plays, voice overs, model and more!

We are a professional Kids' Acting Agency representing the countries finest; TV presenters, theatre performers, voice over artists and your favourite performers from various TV commercials.
Contact Zinzi on 079 883 6586/ zinzi@starquality.co.za to set up an appointment and start making your dreams a reality. Visit www.starquality.co.za for more information.



Party Bliss

PROFESSIONAL PARTY PLANNERS

Tel: 011 849 9889

Cell: 083 792 5176

E-mail: info@partybliss.co.za

Website: www.partybliss.co.za

Creating a distinctive, fun filled, party experience for your child and family...

Party Bliss ...

is run by a mum for mums. Being a mum of two young children, I know first hand how precious your time is. With personal experience I have designed a service specifically to assist busy parents, who want to give their children a fun and memorable birthday party experience, without any of the hassle. Party Bliss offers a truly unique and affordable concept by combining a party hire and accessories service all into one!



We specialise in children's themed parties, eg. Winnie the Pooh, Barbie, Cars, etc., providing all decor requirements, i.e. chairs, chair covers, banners, flags and photo boards which are complimented with themed tableware and accessories. We also do parties for all ages, graduation, stock tea and bridal showers.



Call Celene for...

parties made easy

- ♥ Party Buckets & Packs
- ♥ Themed Birthday Cakes - 3D, 2D, & Scanned
- ♥ Exclusive Cup Cakes
- ♥ Balloons & All Party Accessories... and More!!

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KiDiatrix

A program aimed at building a healthy nation, one child at a time!

powered by



MYPERSONALTRAINER
HEALTHY LIFESTYLE PROGRAM

Our primary focus is to develop each child into becoming health conscious and to sustain a healthy lifestyle.

Did you know....

that studies show an alarming 1 in 5 children under the age of 6 is either overweight or obese and highly likely to grow into overweight adults with related illnesses, According to the SA Medical Research Council, 17% of SA children between the ages of 1-9 years are overweight. Scary... isn't it...

Questions...

Would you like your child to eat more healthy? Be more physically active on a regular basis? And live a healthier lifestyle? If your answer is YES to even one of these questions enrol them at Kidiatrix.

Our team of expert personal trainers acknowledge the need for awareness around the lack of a healthy lifestyle, the development status of our kids and most importantly the need to create a desire and passion in kids for their own wellness.

The program is aimed at creating and enhancing good eating habits and physical activity a priority in children, reducing obesity and health issues associated with unhealthy living. It is with this in mind that our program is focused at

- educating children and parents about living a healthy lifestyle
- getting kids physically active in a fun and safe environment
- physical assessments done by our qualified trainers
- regular one on one visits with parents at a convenient time for the parent
- workshops for parents and teachers on health and fitness related issues
- weekly newsletters (enforcing theme of the month)
- holiday school and private lessons

The fundamental element ...

is that our team will be engaging with the teachers, children and parents.

Our benefits ...

- Parents will be equipped with the knowledge and tools needed to enhance healthy habits into their children's everyday routines through to adulthood
- Parents will become more involved in the development, health and nutrition of their children
- This program will result in happier, healthier and active kids.

For an appointment please contact Ray on 079 886 7339
or email rayhana@mypersonaltrainer.co.za

Fees 2009

- R 410-00 per term
- R 80-00 registration fee
- R 240 -00 Private Lessons
- R 100 -00 per day Holiday Camp (mornings only)